From the Principal

**PRAYER: WE REJOICE IN THE PROMISE OF SPRING**

For the cycle of life which brings death and rebirth, we rejoice in the promise of Spring. For lengthening days and sunlight's warmth upon the soil. For a snowdrop's beauty reflecting its Creator's artistry, we rejoice in the promise of Spring. For newborn lambs, their joy and exuberance, we rejoice in the promise of Spring. For all of creation and the majesty of its Creator, we rejoice in the promise of Spring.

There is real wisdom, Lord, in the adage: 'It is always Springtime in the heart that loves God.'

Springtime is a season of optimism and hope and we live a faith, centred on hope. Winter, with its cold and dark days has gone just as Good Friday has passed to Easter and beyond.

We live a resurrection life reflected in the new life springing up around us. Thank you Lord, for the hope that you bring, the renewal that you bring, both to this world and to our hearts and lives.

Amen

*Blessed Edmund Rice – Pray for Us
St Pius X – Pray for Us
Live Jesus in Our Hearts - Forever*

**A RICH EDUCATIONAL WEEK**
The school has certainly been powering away with so many learning opportunities for the students. The classroom teaching continues to be our focus and Year 12 are preparing over these last few weeks of term for their HSC. Year 11 are preparing for their end of Preliminary Year Exams commencing on Monday.
In particular, I thank all those staff, students and parents who have been involved in the major events of the week including Splinters, Splashes, Stage and Sound – the Creative and Performing Arts Teams and the TAS team, the Football Presentation Evening – Mr Yue, Mr Stearn and all football coaches, the Junior School Bookweek Parade – Mrs Martin and all Junior School staff, the Twilight Concert – The Performing Arts Team and tutors, Debating – Ms Waterson, Athletics Carnival – Mr Lacey, volunteer staff, parents and friends, Sports Photo Day – Ms Proc and the myriad of excursions, incursions and activities held this past week. We also participated in the NSW Robocup and had a major victory. Congratulations to the boys and to Mr de Silva, Mr ten Seldam, and Mr Hodges.

On the weekend there were two hikes – a three day Duke of Edinburgh Hike led by Mr de Silva and on Sunday a MindMatters “Buddies not Bullies” bushwalk led by Mr Russo, Mr Stollery, Mr Brannan, Ms Kuganantham, and staff.

Today we have hosted a Year 10 Social Justice Forum with thanks to Ms Waterson at Oxford Falls, as well as the annual Year 9 Market Day held here at school led by Ms Colefax, Mrs Dempsey, Mr Yue and Mr Quilty. On Thursday we will hold the Winter Sports Colour Awards in the Chatswood Concourse.

Congratulations and thanks to all on a super week of learning in the school.

**HAPPY FATHERS’ DAY**

Happy Fathers’ Day to all our fathers and grandfathers in the College. We have our annual Junior School Father, Grandfather and Son afternoon at Oxford Falls on Thursday and the Fathers’ Day breakfast will be held this Friday morning before school in the Junior School playground from 6.30 to 8.30am. Please click here for your invitation. Sincere thanks to the P & F for hosting this event.

**PROFESSIONAL LEAVE – PAPER 2: 19TH INTERNATIONAL LITERACY CONFERENCE**

This week in Woodchatta Extras I have included my reflections and learnings from the major International Conference attended in Klagenfurt University, Austria for your consideration.

**CATHOLIC PARISH OF CHATSWOOD – PARISH ASSEMBLY**

As part of a ‘Building Towards 2020 Vision Project’ to celebrate the 100th Anniversary of Our Lady Of Dolours church in five years’ time, a Parish Assembly will be held in Harrington Hall on Sunday 13 September 2015 at 11.30am. Please see Woodchatta Extras for details.

**CONGRATULATIONS TO JOE MOORE**

The College congratulates College Old Boy Joe Moore on his wonderful performance in last week’s Final of The Voice. Joe was brilliant and made it to the final two contestants. From all of us, congratulations to Joe. He is certainly a talent for the future.

**PRAYERS:** The College offers its sincere condolences to Mrs Anna Coombs and her family on the sad passing of her brother, Dominic Goffredo. May perpetual light shine upon him, may he rest in peace.

Mr John Couani

**From the Social Justice Coordinator**

The 5th September was chosen to celebrate “International Day of Charity” in order to commemorate the anniversary of the passing of Mother Teresa of Calcutta, who received the Nobel Peace Prize in 1979 “for work undertaken in the struggle to overcome poverty and distress, which also constitute a threat to peace.”

“Charity plays a significant role in the work of the United Nations and its agencies. On this International Day, I call on people everywhere to act on the charitable impulse that resides in every human being. To start giving and to keep on giving.”

UN Secretary-General Ban Ki-moon

The St Pius community has again been very busy within Social Justice. This week students and staff have been involved in collections for Daffodil Day through collections in Chatswood CBD. Students and staff visited Matthew Talbot in both regular position of preparing meals for the homeless men on Wednesday evenings. More students visited the Australian Red Cross Blood Service in Chatswood.

**Edmund Rice Society** was attended by students from Years 7, 8, 9 and 10. Mr Couani was our special guest speaker and talked about his recent visit to Edmund Rice International as well as the meaning of the words “Social Justice.”

Mr D Blake
1st SEPTEMBER - WORLD DAY OF PRAYER FOR THE CARE OF CREATION

Pope Francis has announced a “World Day of Prayer for the Care of Creation” which, as he writes, gives us “a precious opportunity to renew our personal participation in this vocation as custodians of creation, raising to God our thanks for the marvellous works that he has entrusted to our care, invoking his help for the protection of creation and his mercy for the sins committed against the world we live.”

So from the 1st September, the first day of Spring, we are being asked to take a moment to give thanks for new life, as we do at Easter time, and remember the many ways we have been blessed by the gift of our natural environment.

A Prayer for Our Earth

All-powerful God, you are present in the whole universe and in the smallest of your creatures.

You embrace with your tenderness all that exists.

Pour out upon us the power of your love, that we may protect life and beauty.

Fill us with peace, that we may live as brothers and sisters, harming no one.

O God of the poor, help us to rescue the abandoned and forgotten of this earth, so precious in your eyes.

Bring healing to our lives, that we may protect the world and not prey on it, that we may sow beauty, not pollution and destruction.

Touch the hearts of those who look only for gain at the expense of the poor and the earth.

Teach us to discover the worth of each thing, to be filled with awe and contemplation, to recognize that we are profoundly united with every creature as we journey towards your infinite light.

We thank you for being with us each day.

Encourage us, we pray, in our struggle for justice, love and peace.


The organisers were very impressed with our young men’s efforts. Thank you to Mr Adrian Brannan and Mr Simon Yue for their help in this matter.

Mr M Casey

From the Head of Staff Services

COLLABORATIVE CULTURES AT ST PIUS

Firstly, it was a pleasure to come and meet with the parents gathered at the most recent P&F Meeting on the 10th August.

As I said on the evening, the staff are very aware and thankful for the efforts of the parent community to support our work at the College. Clearly the students benefit from this ongoing partnership between parents and staff across the academic or co-curricular domains. Participating in the P&F Trivia Night was fun for staff too!

This term the teaching staff have been participating in a structured program of peer classroom observations. Research indicates that the most effective way for teachers to review their teaching practice is by including a peer to observe their work with students. The staff have taken an open mind to this program and have found positives to come from this process. The chance to see how colleagues operate across the different faculties in the College and the various modes of teaching and learning alive at St Pius is of great benefit. Please be assured that collaborative programs such as this are arranged and planned with minimum disruption to classes so that ongoing learning for students is assured. This process is a powerful way for teachers to demonstrate to their students that they are committed to ongoing professional learning and that they want the best learning environments for their students.

Best wishes for the remainder of the Term, particularly for our Year 12 families as they celebrate the efforts of Year 12 students in the approaching weeks. In the meantime Happy Father’s Day weekend; the students of St Pius are certainly lucky to have such a range of solid role models in their lives.

Ms S-J Grove
Your P&F In Action!

FATHERS’ DAY BREAKFAST - This Friday from 6:30am
Our Fathers’ Day breakfast is great fun for Dads, Granddads and Boys!
Please click here for your invitation

TRIVIA NIGHT PHOTOS
The link to photos from the Trivia Night can be found here. Take a look and download your favourites.

Steve Johnson - SPX P&F Secretary / Communications

MindMatters for Families

➢ TOP 10 TIPS FOR OVERCOMING PROCRASTINATION
Is your son struggling to:
• manage his time and work efficiently?
• organise himself and study effectively?
• cope with the academic demands of school?
• improve his results and reduce anxiety?

Procrastination is the act of putting off a task which you know you have to do, even though you know that putting it off will probably be worse for you in the long run. For example, when you procrastinate about starting an assignment it doesn’t make the assignment go away, or the deadline change, it just gives you less time to get the work done. To manage this, try the following: (Please see Woodchatta Extras for the full article.)

1. Become aware of the excuses you use
2. Reduce or eliminate distractions etc
3. Make a prioritised list
4. Break down projects into chunks
5. Just start
6. Reward yourself
7. ‘Twofer’ concept
8. Create routines
9. Find a study buddy
10. Schedule in breaks

➢ PARENTING COURSES BEING HELD IN TERM 4: Please see Woodchatta Extras for full details.

Mr R Russo – College Counsellor

MindMatters: ‘Buddies not Bullies’ Bushwalk

The MindMatters ‘Buddies not Bullies’ Bushwalk, which took place on Sunday morning, provided an opportunity for our Peer Mentoring students to connect socially over the 11km walk from St Ives to Forestville. Doubling also as a Year 11 practice Snowy hike and Kokoda Expedition warm up ensured a great mix of over 50 students and parents.

Thanks go to all the parents and seven staff who supervised, drove transport and coordinated the BBQ. Mr Russo, Ms Mowle, Ms Foord, Mrs Vacher and Year 12 mentors Hayden Tutill, Robbie Sfranek and James Brannan deserve special mention.

Mr S Brannan – Head of Student Services
Duke of Edinburgh - Adventurous Journey

On Saturday 29th September, 15 students from Years 9 and 10 struck out from Hornsby for a three-day hike to Cowan via Brooklyn. This hike was to meet the requirements for the Adventurous Journey component of the Duke of Edinburgh Award Scheme. With pristine weather the boys had the opportunity to practice their navigation skills and bushcraft. A good time was had by all.

Special thanks to Mr Tom Hennessy for his assistance with the hike.

Congratulation to the students for passing the following components:

- Ben Di Tommaso: Bronze Practice
- Macsen Rodriguez: Bronze Practice
- Alistair Wright: Bronze Practice
- Jack Schyvens: Bronze Practice
- Patrick O’Brien: Bronze test
- Liaam Rao: Bronze Test
- Harry Pfeiffer: Bronze Test
- James Spencer: Bronze Test
- Jack Moran: Bronze Test
- Philip Cullen: Bronze Test
- Cody Fisher-Peel: Bronze Test
- Nikita Papastamatis: Bronze Test
- Denis Webber: Silver Practice
- Alex McLarty: Silver Practice

Performing Arts News

SPLINTERS, SPLASHES, STAGE AND SOUNDS

Thank you to the Intermediate and Senior String Quartets for providing additional music for this night last Thursday. Your presence added to the festive occasion.

TWILIGHT CONCERT

Thank you to all ensembles and their Directors for a fantastic night of music last Friday. Thank you also to PAPA for the amazing barbeque and to all parents who waited patiently at the end of the night whilst we packed up. It was wonderful to finally have a concert outside, albeit that it was a little “brisk” towards the end!

INSTRUMENTAL TUITION

A reminder that if your son is ceasing tuition, that three term weeks’ notice must be given in writing to the Performing Arts Coordinator and the tutor. With the departure of Year 12 at the end of this term, some tutors will have vacancies in their teaching schedules. Any student wishing to commence tuition in Term 4 should complete an application form (available from Student Administration or the College Website) and hand in to Ms Bates as soon as possible.

All students require a Music Pass in order to leave class to attend instrumental lessons. If a student does not have a correctly filled out pass, then class teachers are under no obligation to let a student leave their lesson.

Year 9 Market Day

Year 9 Market Day was in full swing today! Thanks to all those who assisted. There will be a full report and more photographs in next week’s Woodchatta.
RoboCup Junior NSW Competition 2015

Thursday and Friday last week witnessed eight teams consisting of 31 students compete in the RoboCup competition at the University of New South Wales. St Pius X teams competed in the Secondary Rescue, GenII Soccer and Open Soccer Divisions.

Team “The Terminators”, consisting of Joshua Foley, Cameron Lorking, David Ko and Christian Maiorana, came first in the GenII Soccer (Lego only) competition defeating team R2D2, the reigning champions for the past three years.

Team “ID11”, consisting of James Saddington and Regan Kouchoo, managed a First place in the Opens Division after many amusing issues with their robot’s programming.

Congratulations to all the students who competed and good luck to those boys who are travelling to Adelaide for RoboCup International later in the year. A big thank you to Mr ten Seldam and Mr Hodges for their assistance with supervising the boys.

Winter Sports Photo Orders

The Winter Sports photos were taken last Wednesday. Most students received an Order Form after their photo. If it wasn’t received there is one available in Woodchatta Extras. All orders must be returned to the College and placed in the Silver Box by Friday 11th September.

Ms L Proc – General Coordinator

Careers News

Last week the Australian Defence Force presented to the Year 10 Form meeting. Various career pathways and study options were presented to the students. Trades, Engineering, Business and Information Technology are some of the pathways available. For further information about joining the Defence Forces visit: www.defencejobs.gov.au/


Ms D Janes – Careers Adviser

From the Language Department

HSC ORAL EXAMINATION: The Language Department would like to wish all the Language students who will complete their Language orals this weekend the best for their examination. In particular, we wish the SPX Beginners French class success. Please keep them in your thoughts and prayers this weekend: Dominque Ta, Isaac Rayner and Scott Timbrell.

CHINA TOUR: A big thank you to the parents and students who attended the last China Tour meeting. Our group is very excited, with 23 students and three staff setting off on the adventure of a lifetime in just under 20 days’ time. Our China tour shirts have been handed out, our Visas have all been processed and approved and it is now time to think toward exchanging money if you have not already done so. Looking forward to seeing you at the International Airport on Tuesday 22 September at 7:00 a.m. Until then, please don’t hesitate to contact me about any concerns, big or small.

Ms K Manga
Keep stretching gents! 
I’m looking forward to seeing the young warriors and more mature warriors showing their talent tomorrow. It is all a bit of fun and a great bonding experience. Please remember that the boys are smaller than you so you have to be sensible and keep your competitive streak in check.

I would like to thanks the mums who have volunteered. I would like to publically thank the brave band of mothers who have offered to cook and assist with the BBQ. They are Mrs Franic-Smith, Mrs Lohtaja, Mrs Kennedy, Mrs Crowe- Maxwell, Mrs Ho, Mrs Oswald, Mrs Jelovic, Mrs Lynch, Mrs Princi and Mrs Williams.

I can’t get there till 11.30 am. Mrs Jelovic (a four year veteran of this BBQ) is arriving at about 10.30 am to start preparing so if a few other mums are willing to assist that would be fantastic. Otherwise there are 10 mums, so if you could all arrive between 11.30 and 11.45 am, we will start the process and five mums can go and support their warriors while the others prepare and then we swap. We have 600 blanched sausages to cook so we will be busy. (You may never cook a sausage again!) In saying this, I noticed some of the mums have done this on a few occasions as their sons have come through the College so they either have short memories or it isn’t that bad. Thanks again Mums. The first year we had this event I tried to cook the barbeque by myself - it was a disaster! Your efforts are very much appreciated. Please bring a BBQ apron.

The games commence at 11.45 am. Gents, please bring a drink bottle, and I also recommend that you make sure you have your ice packs ready or maybe the Epsom salts for the bath on Thursday evening! If you can’t attend, don’t worry - your son will still be involved in playing sport and will get a sausage and a drink.

The basic details are:
- **When:** Thursday 3rd September
- **Where:** Oxford Falls Playing Fields - Dreadnought Rd, Oxford Falls
- **Time:** Sport from 11.45am-1.15pm
- **Lunch:** BBQ and drinks will follow from 1.15pm

All is in readiness, now we just need to pray for good weather.

- **Fathers’ Day Breakfast**
  Please refer to the P & F section of this newsletter. If you can walk after Thursday or if you can’t make Thursday, you are most welcome to attend the Fathers’ Day Breakfast on Friday morning 4th September from 6.30 am to 8.30am. Please click here for your invitation

- **REACH Workshop Next Week**
  Your son will be going to a REACH workshop next week. These workshops are designed for personal reflection and to build emotional literacy and resilience. Please ask your son how it went and what happened. Everybody reacts differently so it may be an interesting conversation or a very short chat.

- **Reminders**
  We begin Term 4 in summer uniform. Check your son’s summer uniform to see that it is okay and still fits him. Boys often have growth spurts around this age.

Mr T Long – Head of Junior School

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### Homework Help

Homework Help will be held every **Tuesday to Thursday inclusive** after school from **3.15pm - 4.00pm in the Senior Resource Centre**. Students are to be actively engaged in school work, reading or study. All ages and levels of ability are welcome to attend, so come along and take advantage of the service.

Ms J Raheb-Mol – Coordinator, Learning Support and Enrichment
**News from the Junior Resource Centre**

**BOOK WEEK**
This year the Book Week theme, ‘Books Light Up Our World’, inspired the students in the Junior School to reflect on the ways we connect to what we choose to read. Throughout the week the students were engaged in a variety of school-based activities that not only focused on reading but also considered the connection to writing because without one we couldn’t have the other.

The most anticipated part of our Book Week celebrations must be the Book Week Character Parade. This year all were encouraged to represent a book character with which we had a connection. What a terrific time! What a parade of characters!

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**Uniform Shop**

*** REMINDER TO PARENTS: Students return to school in Term 4 in full summer uniform***

The **Summer Uniform** is worn in Term 1 and Term 4 and consists of a regulation grey or white short sleeve shirt (that does up at the collar), shorts or trousers (Years 7-12 only) worn at the waist, and if wearing shorts, College socks **with** garters, grey socks, black belt and black leather lace-up shoes that take a shine. Regulation tie.

Basic **Sports Uniform** – regulation blue polo shirt and school tracksuit over blue shorts, white sports socks (without logos, names etc.), one regulation House polo shirt and SPX cap.

The **SPX Backpack** is compulsory for all school students.

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**TRADING HOURS – MONDAYS, TUESDAYS & WEDNESDAYS 8.00AM – 1.30PM**
Orders can be placed via the College website [http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83](http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83) or by phoning the shop on 9414 4339 or by sending an email to uniformshop@stpiusx.nsw.edu.au.

Parents are reminded that the Uniform Shop also sells second-hand school uniforms.

**Blazer Buttons** are available from shop $2.00 each.


Mrs D Muirhead – Coordinator

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**Canteen Roster**

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Senior School Sport

ATHLETICS

Congratulations to all the St Pius X athletes who competed at St Pat’s and St Pius X Invitational Carnival. This was our biggest team to compete this season. The next invitational on Saturday is at E S Marks Centennial Park, followed by the ISA Carnival at Homebush on 8th September.

The ISA team is being finalised and the team will be up on the GYM door on Wednesday. All ISA team athletes have to train this Wednesday and compete at E S Marks on Saturday. It is essential that our relay teams in particular have a run through on Wednesday and Saturday prior to the ISA.

It was fantastic to see parents, students, prefects, teachers, coaches and old boys working together to host the Athletics Carnival on Saturday. Many thanks to everyone who helped it was an excellent day.

ISA Team Selection to compete at NSWCIS

Competitors finishing in the TOP 3 in each Age Group at the ISA shall gain selection into the 2015 ISA Athletics Team to compete in the NSWCIS Athletics Championships at Sydney Olympic Park Athletic Centre on Wednesday 16th September 2014 (TBC).

Please note that even though a student may place in their race, they may not make the ISA team as there are 2 divisions for each event and students competing up an age are considered in their own age bracket for CIS.

MORE PB’S THAN EVER BEFORE!!

Personal Best Performances and merit cards awarded to:

400m:  A. Shearer-Hawkins, S. Richardson
1500m: A. Shearer-Hawkins, S. Richardson
3000m: T. Wilson
Hurdles: T. Hunt
High Jump: M. Hetler
Shot Put: D. Hall, D. Easy, C. Henry,
Discus: E. Bacic, L. Mattie, M. Hall, D. Hall

Special Mentions:

A big thank you to all the staff, parents and student helpers who ran the field events at Saturday’s Carnival.

Athletics Trivia

My Athletics hero was Steve Ovett, a local Brighton Athlete who won an Olympic Gold in the 800m. He held many of the Brighton Schools Athletics Records. Which SPX Old Boy has School an ISA records and is currently an International Cricket player?

Mr R Lacey - Athletics Convenor

BASKETBALL

On Saturday 12th September, all A teams and our 13B, 14B and 15B teams will play trial matches against St Aloysius teams. I will put game times into next week’s Woodchatta. All games will be at Aloysius.

Holiday Basketball camps: We will be running Basketball camps at Oxford Falls in the second week of the holidays. I will be sending a note home for registration next week. Days are as follows:

Mon 28th September:  Years 5, 6, 7, 8, from 9:00am – 2:30pm
Tues 29th September: Years 9, 10, 11, from 9:00am – 2:30pm
Wed 30th September: Years 5, 6, 7, 8, from 9:00am – 2:30pm

Mr N Gibson - Convenor
CRICKET

2015 CRICKET SEASON: ONE WEEK TO GO!

The new season formally gets underway a week on Saturday (September 12) with the start of the Manly competition followed a week later by the North Shore competition. With eight district teams set to be announced at the end of this week it’s been a busy period for the SPX Cricket Committee, the college selectors and the team of coaches from Mosman CC who have been helping with the pre-season preparations. Watch out for emails this week for team selections and the competitions they will be playing in.

Both competitions are aiming to get one game in before the school holidays when the new season takes its first “break”. Matches will resume on Saturday October 10 unless otherwise notified. Please note that the first games for St Pius teams at Oxford Falls will be on that Saturday and not before the school holidays.

ISA Selection Trials. 1st and 2nd XI Trials continue at Oxford Falls. Teams for holiday trial matches (1st XI Tue 30 Sep, Thu 1 Oct and Fri 2 Oct, and 2nd XI Thu 1 Oct) are being formulated. These teams will be announced this week.

A huge thank you to all the boys and parents who came along to Sunday’s Development Day at Oxford Falls. We had nearly 100 players join us which was an excellent turn-out and underlined the enthusiasm for the coming season. We were blessed with excellent weather and thanks to the refurbished nets, everyone appeared to get a good hit out with the bat and ball. Judging by the response, it was one of our best ever pre-season days and that augers well for the months ahead.

Mr D Reay - Convenor

NSTA SUMMER TENNIS

Preparations have begun for the NSTA Summer Tennis Competition that will commence in Term 4. Enrolments for this activity opened on Friday 14th August and continued until Thursday 20th August, with students reminded through meetings and the Daily Announcements.

Gradings for new players were held last week, as planned, and teams are now being organised by professional coaches based on their knowledge of the students’ skills and previous results. Team Lists will be posted at school within the next week and students will be notified of this publication of teams.

The enrolment note that parents and students have already filled in notes that the student must commit to this competition over Term 4 and Term 1 2016. A further note outlining the draw for the Season will be issued to students and parents as soon as the information is at hand from NSTA. Our start date for Seniors remains as 17th October, with the Juniors commencing on 10th October. There is no weekly training for this NSTA Summer Competition.

I would like to take the opportunity to thank Mrs Joanne Schuster for her efforts and contribution to St Pius Tennis as the Summer Tennis Convenor. As Ms Schuster hands this position to me now, if you have any enquiries regarding Summer Tennis please feel free to contact me at the College.

Looking forward to a great summer season of tennis!

Ms S-J Grove – Head of Staff Services / NSTA Summer Tennis Convenor

BOXERCISE FOR FITNESS & FUN

Boxercise is available for all students every Thursday and Friday morning at 7.30am in the Blue Room. Please contact Mr Russo (rrusso@stpiusx.nsw.edu.au) if you have any queries.
Junior School Sport

Thursday Sport
Our Father and Son Day takes place (see below). Summer training / trials resume next week.

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Father and Son Sports Day
On Thursday 3rd September we will hold our annual Father and Son Sports Day at Oxford Falls. We look forward to welcoming dads, grand-dads and male relations to this fantastic wider school community event. Arrival is 11.30am for 11.45am start time. A BBQ lunch will follow at 1.15pm. Students require normal PE clothes and will be active irrespective of their father’s participation. Thanks in advance to the mums who have volunteered to assist with feeding such a large, ravenous horde.

Football (Soccer)
The Football Presentation Evening took place on Wednesday 26th August. Thanks to players for their attendance and efforts over the course of the season. Congratulations to the major award winners for each team.

Mr G Virgona – Junior School Sportsmaster

Junior School Tennis
With the competition finished, I would like to take the opportunity to thank our 3 Plus teams for the commitment and sportsmanship they displayed each week.

St Pius 1: Joshua Jones and Xavier O’Carroll
St Pius 2: Fergal Fung and Thomas Fong
St Pius 3: James Shahinian and Joseph Reyes

A big thank you to the parents and families who were also there to support our boys, and to the teachers who have helped staff the Saturday games – Mrs Iwatani and Mrs Spanyk.

Congratulations to all our boys, with a special mention to our Pius 1 team who made the grand final and won. Well done.

Mrs Barrett

1. JOHN COUANI: PROFESSIONAL RENEWAL LEAVE
   Part 2 - 19TH International Literacy Conference

2. CATHOLIC PARISH ASSEMBLY

3. PHOTO ORDER FORM

4. MINDMATTERS FOR FAMILIES:
   - Study Skills: Top 10 Tips for Overcoming Procrastination

5. MINDMATTERS FOR FAMILIES: PARENTING COURSES in CHATSWOOD
   - Parenting Education for Mums, Dads & Carers (Chatswood)
   - Dealing with Teens' Backchat Workshop (Chatswood)
   - Tuning into Teens – Emotionally Intelligent Parenting (Chatswood)
   - Tuning into Teens – Emotionally Intelligent Parenting (Brookvale)
   - Resilient Kids Workshop (Chatswood)

6. FOOTBALL NEWS

7. GENERAL NOTICES
   Holiday Care Program at Glenaeon
   Share Your Slice of the World with a World Education Program Exchange Student
PROFESSIONAL RENEWAL PAPER

SECTION 2

19th European Conference on Literacy
LITERACY IN THE NEW LANDSCAPE OF COMMUNICATION
Research, Education and the Everyday
Klagenfurt/Austria, 13 – 16 July 2015

CONFERENCE OUTLINE

Under the general theme “Literacy in the New Landscape of Communication: Research, Education and the Everyday” the conference will create a forum for the presentation and discussion of findings of current research into the range of contemporary forms (‘traditional’ and ‘new’) and uses of literacy in everyday settings: be it the home, nursery, school or beyond school, in institutions of teacher training, in libraries, in the context of social work, in text-design and publishing, in (fictional and non- Fictional) media program, in social media, in sites, formal and informal.

OVERALL PERSONAL SUMMARY

This was an excellent Conference with particular significance for teachers and academics in the area of literacy. Much attention was given to language acquisition and early intervention. Reading was given significant emphasis with a focus also on critical literacy, multi modalities and contemporary pedagogy.

There are very common themes, issues and concerns both internationally as in Australia. These include:

- The new landscape of communication in our world today. The impact of technology on literacy which brings a need for new critical literacy and discernment by students with direction from teachers and parents
- Language acquisition for English as a Second Language learners
- Motivation for reading in early adolescents, particularly but no limited to boys and their reading.
- Teacher research on their students and teacher professional development. Teaching literacy and teaching literature.
- Multiliteracies: texts, contexts, concepts, practices, identities.
- Multilingualism, plurilingualism, literacy in different script cultures
- Children’s, adolescents’ and adults’ literature: traditional and new genres, sites, and media of dissemination
- Social sites of literacy promotion: libraries, reading groups, competitions and other institutions
- Literacy: access, equality/inequality and disabilities
The overall impression that I took away was that Australian teaching and learning of literacy is well positioned to address these continuing issues in literacy and learning. Similarly, St Pius X College is meeting these needs well and is directing its efforts in the right direction. Nevertheless, we can strengthen our work and further endeavours in the following areas:

- The whole school plan and approach to literacy
- Motivation for reading and extension of reading activity across the school and especially in Years 6-9
- A continued emphasis on developing student’s writing. To write more and develop a greater range and expression in their writing
- Engender a multi-modal approach to critical literacy which assists students to critically analyse and assist the many forms of online publications they read, watch and interact with. These include social media, internet, gaming and the like.
- Professional development of staff in literacy

**FURTHER CONFERENCE SUMMARIES AND NOTES**

Margit Brock, President Alpen-Adria- Universitat Klagenfurt in the Department of Teaching and Learning German Language and Literature

Critina Beretta - Vice-Rector for Teaching, Learning and International Relations at Klagenfurt University.

In their presentations there was great currency in their presentations and discussions. Some pertinent questions relevant to critical literacy were:

- Where is our critical literacy and thinking when the world media depicts Greece as an economic fox and a perpetuating view that all Greeks are lazy
- Where is our critical literacy when considering refugees and the world media presents refugees as economic blood suckers and dangerous interlopers not as human beings in need and escaping oppression.

The International Literacy Association Award for Innovative Reading Promotion in Europe was presented by Board member, Shelley Stagg Peterson to Kranj City Library, Slovenia for their project “To read and to walk with the Wise - Reading Circles in Kranj”

**Personal reflection**

Why couldn’t elderly volunteers or even those we visit in Willowood Nursing Home be part of a reading circle with our students?
Keynote speaker Jennifer Rowsell, Brock University

“Being Wisely Aware”: Facing the new Landscape of Communication

Indigenous definition – Literacy in Blackfoot is Kakiosin or in English “being Wisely Aware” Ramona Big Head.

A Tour of technologies

There is an increasing and continuing range of technologies requiring various literacies and these include: books, TV, computer, internet, tablets, phones, wearable computers such as wristwatches and so on.

In regards to technology and particularly Screen Learning - Are we reading deeply? The reading of screens has a designed left frame orientation and readers do not read all that is on the screen. This is also based on ‘epistemologies’. How can we sustain attention in our students?

Jennifer Rowsell gave emphasis in her presentation to “Acquired Wisdom”.

People have incredible capacity when you:

- Assume success
- Give students resources and materials
- Listen to the students – their reading, their stories, their ideas
- Stories are compelling – use them widely
- Teach literacy through the arts
- Supply a designated space – for reading, for writing. Make it conducive.
- Offer some expert or professional framing
- Provide feedback or critique

Teachers need to keep three presiding questions in mind.
What do students know? What interests them? How can pedagogy change to meet both?

IPAD THINKING AND TECHNOLOGY

Some strategies and programs for consideration include:

- Reading by Design
- Use of tablets, Ipads Personal learning devices
- Minecraft (use of computer games for learning)
- Using transmodal forms of learning and
- Thinking haptically

<table>
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<tr>
<th>LISTEN</th>
<th>PROVIDE SPACE</th>
<th>TEACH LITERACY THROUGH THE ARTS</th>
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</table>

Some possible considerations for St Pius X College, Chatswood

Provide Space - Consider developing contemporary or studio spaces which are conducive to reading and writing

Professional & Expert Training for students – Bring professionals into the classroom eg Graphic designers, Professional photographers, accountants, authors, etc
CHILDREN'S CHOICE IN READING

**Dr Tom Crumpler - Illinois State University**
Defining children’s literature and children’s own censorship and choice in literature and reading materials.

The choice of literature can of course influence values and in terms of social justice such as the United Nations Conference on the Rights of the Child Crumpler was arguing particularly for student choice in reading material. Crumpler interviewed 14 year olds and he showed us some of the transcripts. These showed that the adolescents wanted the right to choose.

**Dr Sherry Sanden - Illinois State University**
LITERACY CHOICES: EMPOWERING LEARNERS IN THE LANDSCAPE OF COMMUNICATION
The theoretical perspective she took in her research was that individuals develop a sense of themselves as meaning makers. Narrative is a powerful force that prompts individuals to make meaning of their own lives.

Their reading motivation “the individual’s personal goals, values and beliefs…”

**Reflection**
Giving student’s choice or even a guided choice seems to increase their motivation to read. This brings empowerment to students and also engenders their autonomy in learning as well as student voice.

**Dr Linda Haling - Illinois State University**
Book Selection ….This study showed the main factors in the choice of reading material for free reading. The factors major factors were the book cover and the book title, the summary on the book jacket, the author, the genre, part of a series, the length of the book, recommendation from the teacher or the librarian.

Students also listened especially to the recommendations of their peers.
In essence students choose a book by its cover. This gives also a responsibility to the teacher to explicitly teach and assist students in discerning reading material and making their own choice.

**Personal reflection**

As readers become more familiar with technologies such as e-readers or kindles, their choices will be monitored and marketed. This also emphasises the need for critical literacy.

**KEYNOTE SPEAKER Professor TERESA CREMIN (United Kingdom)**

“Teachers as researchers: new actions, perceptions and appreciations”

**Teachers as Readers**

Teachers’ actions, perceptions, appreciations contribute to research their students.

The British context shows the dominance of government policy and the drop in students’ reading for pleasure.

“Be a teacher who reads – and a reader who teaches.”
- Teachers own knowledge of children’s literature
- Teachers confidence and skilful use of literature
- Create innovative classroom approaches that build on children’s literacy lives and foster positive literacy identities

Research indicates

- Testing compromises these identities

Developing researcher dispositions:
In her research in the UK, it was clear that many teachers could not name one major poet, writer, playwrights, etc
**Personal Learning and reflection**

- Encourage teachers to read for pleasure particularly in regard to literature
- Do we (especially in the primary) give time over to reading for students
- Reading time comes well behind Maths and so on.
- Teachers need to become ‘reader teachers’
- Teachers need to model reading but students should not simply imitate this.
- Students could write up “their river of reading”
- Do our students have a book bag?
- Is there a rich range of reading materials and texts?
- Poster – “We are all readers?” Who reads in your house?
- The teacher, for example, could decide to personally read the poetry of 2 poets
- All of this may be outside the set curriculum
- Children become aware of the teacher’s interests and personality, etc
- Modelling reading behaviours – turning back a page to re-read, how I might stop reading…..
- Teaching reading from a reader’s perspective

**Reading strategies**

Visualising, listening, connecting, remembering, comparing, re-reading, questioning

**Pedagogical consequences** - Art and craft displays, music, song, performance, dance …

**POSSIBLE CONSIDERATIONS FOR ST PIUS X COLLEGE**

- Conduct a professional dialogue regarding reading to include: The librarians, Leadership Team, English coordinator and assistant English coordinator
- Further consider – How do we incorporate this into the Junior School Literacy blocks?
- Writing for the staff? Literacy for leisure for staff.
- Joint meeting of Junior school teachers and English staff to discuss reading, multi-modal literacies, contexts, writing
- Teachers as Writers

**Teachers as researchers**

- Tracking what the student (and the teacher) reads
- Catering for any second language readers in their classroom
- Reflect upon practice and on the observations of their students
- Use role play, discussion and reflection – also use reading circles
- Be non-judgemental
- Teachers become learners and they become more active listeners to their students
- Teachers can research a greater understanding of what their students like to read, their interests, this gains student confidence and an opportunity to set appropriate learning options. This can include their ICT skills. Assess student access to reading materials.
- There are also reading opportunities presented when student’s experiences come to the teacher’s attention. Eg grief and loss, growing up, achievements.
- As teachers become more aware of their reading and of their students – they developed new actions, perceptions and appreciations

**How can teachers motivate students to read?**

1. Find out what the students like to read.
2. Give students diverse texts for reading which reflect different interests
3. Help students to select such reading materials/texts that are adequate at their age
4. Develop all abilities and skills needed for successful reading
5. Create a pleasant place to read
CATHOLIC PARISH ASSEMBLY

THE CATHOLIC PARISH OF CHATSWOOD

As part of our Building Towards 2020 Vision Project, to celebrate the 100th Anniversary of our beautiful church in 5 years' time

Invites you to the

PARISH ASSEMBLY

13 SEPTEMBER 2015

11:30AM

HARRINGTON HALL
94 ARCHER STREET, CHATSWOOD

CONTACT: GREG@CHATSWOODPARISH.ORG.AU or 9410 9021 (BUSINESS HOURS)
# PHOTO ORDER FORM

## St. Pius X College, Chatswood
Winter Sport Photo Order Form - 2015

### Rugby (Junior)
- 11A XV
- 11B XV
- Prep 2nd XV
- Prep 1st XV
- Junior rugby player of the year
- CG Rugby Rep.

### Rugby (Senior)
- 13A XV
- 13B XV
- 13C XV
- 14A XV
- 14B XV
- 15A XV
- 15B XV
- 16A XV
- 16B XV
- 16C XV
- 1st XV
- 1st XV Captain & Coach
- 1st XV Captain
- Rugby player of the year

### Athletics
- Senior Squad
- Senior Age Champions
- Junior Squad
- Junior Age Champions
- PSIAA Reps.

### Cross Country
- Senior Squad
- Junior Squad
- PSIAA Rep.

### Robotics

### Prefects & Leaders
- Prefects
- College leaders (captain and vice captains)

### Tennis
- SA Tennis (combined Div. 1 - 16)
- Hints Tennis
- Tennis Captain
- SA Tennis Reps.
- Junior School NISA Tennis (Term 2 & 3)

### Football (Junior)
- 1T Gold
- 1T Blue
- 1T A
- 1T B
- Prep 4th XI
- Prep 3rd XI
- Prep 2nd XI
- Prep 1st XI
- Junior football player of the year

### Football (Senior)
- 13A XI
- 13B XI
- 13C XI
- 13D XI
- 13E XI
- 14A XI
- 14B XI
- 15A XI
- 15B XI
- 16A XI
- 16B XI
- 16C XI
- 1st XI
- 2nd XI
- 3rd XI
- 4th XI
- Football player of the year
- 1st XI Captain & Coach
- 1st XI Captain

### Exercise (combined)

### Legend:
- Folder = A4 with names
- TAN = Mounted on board with names
- TANF = Framed with names

### Total Amount: $______________

**Student's Name:** ____________________________  **Year/Class:** ____________________________

**Phone:** ____________________________  **Credit card No.:** ____________________________  **Expiry:** /

**PLEASE RETURN TO THE SCHOOL OFFICE BY Friday 11 September, 2015**

The Meiba Studios
22/8 Campbell St Artarmon 2064 - sales@meibastudios.com.au

Phone: 9438 4566  Fax: 9439 6577
STUDY SKILLS

Top 10 Tips for Overcoming Procrastination

Procrastination is the act of putting off a task which you know you have to do, even though you know that putting it off will probably be worse for you in the long run. For example, when you procrastinate about starting an assignment it doesn’t make the assignment go away, or the deadline change, it just gives you less time to get the work done. To manage this, try the following:

1. **Become aware of the excuses you use** - make a mental note when you procrastinate. What excuses do you give yourself? Too tired? Too difficult? Too boring? Being aware is the first step in changing your behaviour. Keep yourself honest by asking questions like “is this the best use of my time at the moment?” and “am I doing this as a way of avoiding what I really should be doing?”.

2. **Reduce or eliminate distractions** - creating a clear, uncluttered work environment which is free from distractions will help you avoid procrastinating. Turn off your social media or WiFi, turn off your music or TV, close the door. It’s easy to get distracted and lose focus on what you are trying to do, or to procrastinate by surfing websites that are barely related to the topic you are meant to be researching. You can find out more in the Home Study Environment unit and Dealing with Distractions unit.

3. **Make a prioritised list** - before you start work (or procrastinating) take a few minutes to work out what your priorities for the session are, based on your deadlines. Take into account all the time you have available and make a prioritised list. Work on the most important thing first (see also tip 7 below). There is more information in the Time Management Skills unit on techniques for prioritising.

4. **Break down projects into chunks** - if you have a big task that you have to do, or something that you really don’t want to start, have a think about how it can be broken up into smaller parts. A big assignment might need a plan, the purchase of resources, a trip to the library, internet based research, and then several days to write and edit each section. If you just focus on doing one of these tasks it’s easier to commence.

5. **Just start** - stop focusing on getting it done perfectly, or even well, just make a start, even if it’s just for a few minutes. Starting the task makes you realise it’s not as daunting as you originally thought and allows you to make a small amount of progress which encourages you to keep going. Sometimes once you get started you can even do more than you originally thought you could or would.

6. **Reward yourself** - set yourself a small goal (to do with the task you are procrastinating about) and then reward yourself appropriately when you complete it. For example, write an outline for your essay and then have afternoon tea. You will be more motivated to complete the task to get the reward. Note: for extreme procrastinators you may need to get someone else to check you’ve done the work and to give you the reward! Learn more about this in the Goal Setting unit.

7. **“Twofer Concept!”** - when you are working on a difficult or boring task, break it up by having a more interesting or easy task that you work on in the same study block. You get 2 lots of homework done, but when you are losing focus on the difficult one you can switch to the easier one for a bit of a break.

8. **Create routines** - establishing a routine can help you avoid procrastination as you get into the rhythm of working for a set time each day at a set time of the day. Making this routine known to your family and friends also helps keep you accountable and stops them interrupting you during your work time.

9. **Find a study buddy** - perhaps starting that difficult work will be easier if you have someone to work with. This could be a school friend or a sibling. You could share resources and help each other to get started with similar work.

10. **Schedule in breaks** - breaks give you time to think and process information that you have been working on and give you an opportunity to do the things you really enjoy. Plan them as much as you plan your work.

You can learn more about how to optimise your performance as a student in the Overcoming Procrastination unit at www.studyskillshandbook.com.au by logging in with these details:

Username: SPX
Password: 25success
MindMatters For Families: PARENTING COURSES

FOR CHILDREN 1-12 YEARS

Toddler Terrible or Terribly Toddler Workshops
3 x 2.5 hr workshops $150 pp or $250 p/d for 2 workshops
In 1 term. Age 1-3 yrs.
Content: Understanding your Toddler’s Desires & Needs
Q2 Tucker without Tattiness/Teething Training
Q3 Speech & Language Development/ Sleep
Term 1 Mon 10:00-12:15; Fri 9:30-12:15 Chatswood Term 2 Mon 10:00-12:15; Fri 9:30-12:15 Chatswood Term 3 Mon 10:00-12:15; Fri 9:30-12:15 Chatswood

Helping your Pre School Child with Anxiety

5 wkls. (23 hrs) $175pp ($150 concession)
Age 3-8 yrs.
Content: Understanding and managing children’s anxiety; how to talk to a child, understanding and reassuring the child, how to help manage anxiety; how to help them deal with conflict.
Term 1 Wed 7:00-9:30; Thu 10:00-12:00 Chatswood Term 2 Wed 7:00-9:30; Thu 10:00-12:00 Chatswood

Dealing With Teens Backchat Workshop
2 hrs. $150pp
Content: Are you struggling with a teenager who answers back all the time? Learn how to restore a respectful and positive relationship between you and your teenager. Understand what it is like being a teenager today. Learn how to talk to them so that they will listen and how to listen so that they will talk to you.
Term 3 Thu 12:30-2:30; Fri 9:30-12:00 Chatswood

TUNING IN TO KIDS

5 wkls. (23 hrs) $175pp ($150 concession)
Age 2-12 yrs.
Content: Helping your Pre Schooler understand his/her feelings, develop self-esteem, coping skills, problem solving, social skills.
Term 1 Wed 7:00-9:30; Thu 10:00-12:00 Chatswood Term 2 Wed 7:00-9:30; Thu 10:00-12:00 Chatswood Term 3 Wed 7:00-9:30; Thu 10:00-12:00 Chatswood

COMMUNICATING WITH KIDS WORKSHOP
2.5 hrs. $150 pp
Content: Communication skills for building positive relationships, problem-solving, listening skills, assertiveness skills and problem-solving skills.
Term 1 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood
Term 2 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood

TUNING IN TO TEENS

5 wkls. (23 hrs) $175pp ($150 concession)
Age 11-18 yrs.
Content: Help your teenager develop emotional intelligence, learn skills to talk and understand their teenager, help them to manage their emotions, prevent behaviour problems and teach them to deal with conflict.
Term 1 Tue 1:30-3:30; Wed 1:30-3:30 Chatswood Term 2 Mon 7:00-9:30; Wed 10:00-12:00 Chatswood Term 3 Tue 1:30-3:30; Wed 10:00-12:00 Chatswood

TRIPLE P (Positive Parenting Program)
2 x 2 hr sessions $150pp or $210 pp for 3 sessions
1. The Power of Positive Parenting
2. Raising Confident, Competent Children
3. Raising Resilient Children
Term 1 Sat 9:00-11:30; Sun 9:30-12:00 North Ryde Term 2 Sat 9:00-11:30; Sun 9:30-12:00 North Ryde

COMMUNICATING WITH KIDS WORKSHOP
2.5 hrs. $150 pp
Content: Communication skills for building positive relationships, problem-solving, listening skills, assertiveness skills and problem-solving skills.
Term 1 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood
Term 2 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood

TUNING IN TO TEENS

5 wkls. (23 hrs) $175pp ($150 concession)
Age 11-18 yrs.
Content: Help your teenager develop emotional intelligence, learn skills to talk and understand their teenager, help them to manage their emotions, prevent behaviour problems and teach them to deal with conflict.
Term 1 Tue 1:30-3:30; Wed 1:30-3:30 Chatswood Term 2 Mon 7:00-9:30; Wed 10:00-12:00 Chatswood Term 3 Tue 1:30-3:30; Wed 10:00-12:00 Chatswood

TRIPLE P (PPP) Seminars (2hrs)
$550 pp
Organised through schools, centers and councils.
Positive ways to promote healthy children/teens development.
1. Session: Raising confident, competent children
2. Session: Raising resilient children
3. Session: The power of positive parenting
4. Session: Social and emotional problem-solving

COMMUNICATING WITH KIDS WORKSHOP
2.5 hrs. $150 pp
Content: Communication skills for building positive relationships, problem-solving, listening skills, assertiveness skills and problem-solving skills.
Term 1 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood
Term 2 Mon 7:00-9:30; Thu 7:00-9:30 Chatswood

PEER SUPPORT GROUPS

Referred to by school, centre or link worker.

RESILIENT KIDS WORKSHOP

6 x 2 hr sessions $360 pp
Content: Resilient Kids.
Term 1 Sat 9:30-11:30; Sun 9:30-12:00 Chatswood Term 2 Sat 9:30-11:30; Sun 9:30-12:00 Chatswood

NOTE: All sessions are held in the morning. If you have any questions, please feel free to call us on 9887 2941 or email info@mindmatters.org.au
Dealing with Teen’s Back Chat!!

PARENTS OF TEENS OR ALMOST TEENS
"Learn how to restore a respectful and positive relationship between you and your teen"

Topics include:

- Similarities & differences between being a teenager today & their parent’s day
- What it is like being a teenager in this fast paced & competitive world
- Assertiveness skills to deal with teen’s behaviour, set boundaries & consequences
- Listening skills to find out what is going on in our teenager’s world & support them

VENUE: Chatswood Community Health Centre
57 Hercules St, Chatswood
DATES: Wednesday 21st October 2015
TIME: 7.00pm – 9.30pm
COST: $50pp

PLEASE PHONE 9857 5830 TO BOOK YOUR PLACE IN THIS WORKSHOP
This workshop will be facilitated by a qualified Parent Educator from
Child and Adolescent Parenting, Northern Sydney Local Health District

NSW
GOVERNMENT
Health
Northern Sydney
Local Health District
TUNING IN TO TEENS

EMOTIONALLY INTELLIGENT PARENTING

5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: Chatswood Community Health Centre
57 Hercules St, Chatswood

DATES: Wednesdays 28th October - 25th November (5 sessions)
TIME: 7.00pm - 9.30pm
COST: $175pp (Concession $150)

PLEASE PHONE 9887 5830 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District

TUNING IN TO TEENS
EMOTIONALLY INTELLIGENT PARENTING

5 SESSION PARENTING COURSE FOR PARENTS OF TEENS

Would you like to learn how to:

- Communicate effectively with your teenager?
- Understand your teenager?
- Help your teenager with emotional intelligence and managing emotions?
- Prevent some teenager behaviour problems?
- Teach your teenager to deal with conflict?

VENUE: headspace Brookvale
Level 2 Brookvale House, 1A Cross Street, Brookvale
DATES: Thursdays 15th October – 12th November (5 sessions)
TIME: 5.30pm – 9.00pm
COST: $110pp

REFRESHMENTS PROVIDED

PLEASE CALL 9887 5830 TO BOOK YOUR PLACE IN THIS COURSE

The 5 session course will be facilitated by a qualified Parent Educator from Child and Adolescent Parenting, Northern Sydney Local Health District

NSW Health
Northern Sydney Local Health District
RESILIENT KIDS

WORKSHOP FOR PARENTS

- Help your kids learn how to "bounce back" when faced with life's daily challenges
- Help them to recognise, accept and express their feelings
- Teach them problem solving and coping skills
- Find out how to encourage optimism, curiosity and contentment

| VENUE: Community Health Centre, 57 Hercules St, Chatswood |
| DATE: Monday 16th November 2015 |
| TIME: 7.00pm - 9.30p.m. |
| COST: $50 |

For all enquiries and bookings, please phone: 9887 5830

All our course leaders are parents and trained educators.

CHILD AND ADOLESCENT PARENTING

FOOTBALL NEWS

This is the last football news item for the year. We wish to thank all the coaches, parents and students for making 2015 such a successful year for football at the College.

The Year in Review digital publication is being finalised and will be published and a link circulated later this week.

The committee is very thankful of the support and co-operation we receive from the College and particularly the football convenors - Simon Yue, Andrew Scanlan, the sportsmasters - Matt Stearn and Greg Virgona, College Principal - John Couani, and the great office staff.

The committee will be preparing plans for the 2016 season in coming weeks so we invite interested parents to contact the committee if they are interested in joining or contributing in some way. We have some parents who will be retiring from the committee and always seek fresh faces and ideas. Contact details are on the Football pages of the P&F Website.

See our webpages for News, Calendars, Photos: pandf.spx.nsw.edu.au/sports/football/football-news

Rodger Paino
GENERAL NOTICES

Glenaeon OOSH – Holiday Care Program
121 Edinburgh Road, Castlecrag, & 5a Glenroy Ave, Middle Cove, NSW 2068
Monday 21st Sept to Friday 2nd Oct 2015

<table>
<thead>
<tr>
<th>Mon 21st Sept</th>
<th>Tue 22nd Sept</th>
<th>Wed 23rd Sept</th>
<th>Thurs 24th Sept</th>
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<td>Fabric Art Day</td>
<td>Fun of the Fair</td>
<td>Pottery Workshop</td>
<td>Beach &amp; Bush Day</td>
<td>Pizza &amp; Wheels Day</td>
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<td>Choose tie-dye, fabric painting, and decoration.</td>
<td>Side-show alley! Fairground games, challenges and delicious treats!</td>
<td>Seniors: Learn to ‘throw’ clay &amp; use a Potter’s Wheel to make your own creation!</td>
<td>Travel by bus for a day of adventure by the water. Explore the bush &amp; discover old forts. Learn about life on the reef!</td>
<td>Bring your wheels, rip sticks, skate boards, scooters and join us in our wheelie-batic day. Make delicious GIANT pizza!</td>
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<td>Seniors: develop own design &amp; use various media to create unique clothing. (T-shirt provided) $10 extra charge</td>
<td>Senior Program: Take on the target challenge with paintball $5 extra charge</td>
<td>Juniors: Learn hand modelling techniques, (May be an opportunity to use Potter’s wheel) $10 extra charge</td>
<td>Senior Program: Learn to practice snorkel skills, and cook the BBQ! (Fully Supervised) $20 extra charge</td>
<td>Must bring helmets.</td>
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<td>CASTLECRAIG</td>
<td>MIDDLE COVE</td>
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<td>Rock Climbing</td>
<td>Sydney Harbour Mystery Hunt</td>
<td>Bush Skills &amp; Campfire</td>
<td>Awesome Craft</td>
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<tr>
<td>Learn or improve your rock-climbing skills on rock wall. Fully supervised/unbelived. Seniors &amp; Junior Program.</td>
<td>Travel by bus to the city. Uncover the clues in historical sites and find the key to the treasure! Picnic amongst the giant trees and build swing!</td>
<td>Lots of fun learning bush craft skills and build cubbies &amp; teepees.</td>
<td>A super creative day of painting, clay, sculpture, felting and more!</td>
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<td>$5 extra charge</td>
<td>$10 Extra charge</td>
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<td>Senior Program: Make a GIANT POTATO ROCKET!</td>
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<td>CHECK EACH DAY</td>
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<tr>
<td>Lotions &amp; Potions: Make natural and delicious smelling recipes &amp; beautiful concoctions to take home!</td>
<td>Rock Climbing</td>
<td>Sydney Harbour Mystery Hunt</td>
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<td>$5 extra charge</td>
<td>$20 Extra charge</td>
<td>CASTLECRAIG (Departs 9:30am returns 4pm)</td>
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<td>FRIENDS: – PLEASE DO invite your friends from other schools. All are welcome!!</td>
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</table>

More details & Enrolment at www.gleneenoosh.com.au or email childcareservice@hotmail.com

➢ SHARE YOUR SLICE OF THE WORLD WITH A WORLD EDUCATION PROGRAM EXCHANGE STUDENT
Hosting an overseas secondary school student gives Australian families the opportunity to share their life and culture with young people from around the world for a school year, semester or term. It is about discovering another culture, encompassing different traditions and practices, and supporting a new family member as they do likewise. To find out more head to our website: https://wep.org.au/host/student-profiles/

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