From the Acting Principal

SCIENCE WEEK
The labs have been abuzz this week with experiments and science displays to inspire and challenge our budding scientists. Congratulations and thanks to our Coordinator, Ms Black, Assistant Coordinator Ms Schuster and all members of this faculty for their time and energy in promoting and providing these events. Ms Black has a strong record of providing national and international opportunities for our top science students.

FOOTBALL FINALS
Ten of our teams have made it through to the Grand Finals at Oakhill College this Saturday. (See details in the Senior Sports section of this newsletter.) Thanks to convenor Mr Yue and all the coaches and teams for this outstanding performance. We particularly wish all the best to Mr Quilty (who coached the Combined Independent Schools NSW side to victory this year) and his open side in search of an ISA Premiership.

FUTURE LEADERS
Mr Batchelor and Mr Brannan will take 19 of our Year 11 Student Leaders to Mulgoa for a camp this week. This will hone their skills, allow them to plan for 2016 and arrange which particular portfolios they will be engaged in. It is timely to remind the community that all our Year 12s are badged and invested as Senior Leaders with both privileges and responsibilities. We look forward to them taking up this mantle in Term 4 when the current Year 12 finish.

SUPPORTIVE COMMUNITY
- We ask for your prayers for the repose of the souls and support for the families of staff member Meredith Leedham whose stepfather passed away in Tasmania this week, and Colleen Scully (wife of Mr Nick Scully, Principal of fellow EREA School St Brendan’s Yeppoon) who died this week. Mr Couani was Deputy Principal at that College.
- In the midst of this sadness there is joy and new life. We welcome a grandson for Mr John Couani, young Darcy Stephen. He was born into the world late Monday evening.
- The Pozzolungo family (Alex, Year 10) lost most of their house and possessions to a fire last week. Rallying as we do, the College was able to provide uniforms, clothing, books and stationery whilst at the P&F Trivia Night a Harvey Norman voucher and sizeable cash donation was directed to assist the family. Mr Pawlak and Year 10 are exploring further possibilities. The family were appreciative and overwhelmed by this support. Thank you to all concerned.

PRINCIPAL’S RETURN
Mr Couani returns to the College next Monday 24 August. Thank you to all who have helped me as Acting Principal over the last few weeks. I have a deeper appreciation and respect for the enormous time and energy our Principal devotes to the College and its community.

Mr James Olson
From the Assistant Principal – Teaching and Learning

YEARS 5, 7 AND 9 NAPLAN RESULTS: Preliminary NAPLAN results were released to schools this week. Individual reports for students will be delivered to the school in the next few days and will be handed to students to take home. We will email you so you know when can expect them home.

The NAPLAN results provide valuable information about student standards in literacy and numeracy. They will be used to develop future teaching and learning strategies with the overall aim of improving students’ learning outcomes. Students’ NAPLAN achievements are also compared to their school based assessments to identify any discrepancies.

It is very pleasing to see that our overall results are above state averages. A quick snapshot of the results can be found in Woodchatta Extras.

Mr A Damo – Assistant Principal, Teaching and Learning

From the Acting Assistant Principal – Mission and Identity

THE FEAST OF THE ASSUMPTION

On the 15th of August we celebrated the assumption of Mary into heaven. Mary is revered and loved in the Catholic tradition for her purity, for her unquestioning faith and for her vital role in the salvation of all human beings. In raising Jesus she was a mother very much like our own. Mary loved, nurtured and cared for the baby Jesus, the teenage Jesus and the crucified Jesus. Mary suffered alongside her son and she witnessed his suffering for our sins. She is a symbol to all Christians of the beauty and love of a mother and of the care and gentility brought into our lives lovingly through the women who raise us. Like every mother Mary was selfless and it is important for our young men to recognise the vital role of women in their upbringing and within our faith tradition.

This week at our assembly the boys listened to a prayer based on the Feast of the Assumption and we remembered Mary as a woman who answered God’s call under the most difficult of circumstances and we remembered her very human challenges and her unwavering faith. Her life was truly an inspiration to all of us.

Mr S Hopley – Acting Assistant Principal, Mission and Identity

Your P&F In Action!

SPX TRIVIA 2015 – THANK YOU, THANK YOU, THANK YOU!
Thank you to all the individuals, families and businesses who contributed so generously to make our 2015 Trivia Night Fundraiser such a success.

Thank you to everyone who attended the trivia evening and supported all our Clubs through the raffle, the live and silent auctions and the prize balloons.

Thank you to those who couldn’t attend but still supported the evening through purchasing raffle tickets.

Thank you to the large team of volunteers, representing all our clubs who made the whole thing happen.

A comprehensive update and thank you to all our sponsors and contributors will be included in Woodchatta next week.

Invitations

FATHERS’ DAY BREAKFAST - Dads, lock away this date: Friday 4 September
A lovely SPX tradition, the Fathers’ Day breakfast is always well attended and a lot of fun for all boys and dads. Please click here for your invitation.

YEAR 6 PARENTS NIGHT - Saturday 12 September
Book the babysitter, Year 6 parents, because you are invited to join us for a drink and nibbles at the Willoughby Hotel from 7.00pm. Your invitation with all the details is here, please RSVP via TryBooking right here.

Steve Johnson - SPX P&F Secretary / Communications
MindMatters for Families

“BUDDIES BUSH WALK” ON SUNDAY 30 AUGUST FOR PEER MENTORS AND MENTEES

On Sunday 30 August Peer Mentors and Mentees are invited to participate in this event which will coincide with a practice hike for those involved in the 2015 Snowy Hike and the 2016 Kokoda Expedition.

It is a 10 kilometre bush walk from Acron Park in St Ives along the Middle Harbour track to Davidson Park in Roseville where a sausage sizzle will be waiting. More specific details will be given to mentors and mentees in the coming week but in the meantime please make note of this date in your calendar.

SURVIVING THE HSC: STRESS MANAGEMENT

Please see the flyer in Woodchatta Extras.

STUDENTS AND SLEEP

How much sleep do I need?

- Different people need a different amount of sleep in order to function optimally during the day. Whilst most adults need about 8 hours sleep a night, teenagers need more like 9 hours and 15 minutes sleep per night. Working out how much sleep you need will take a little time and perseverance. Record how you feel during the day based on how much sleep you had a night and a pattern will start to appear.

- Getting a good sleep is important for your mind and body. Sleep lets your body rest and repair, it helps maintain a healthy immune system and sleep is needed so your body has the energy it needs during the day for activity and concentration. Sleeping well helps you to stay mentally healthy too.

- Signs that perhaps you aren’t getting enough sleep or enough good quality sleep include irregular sleep patterns, feeling tired and drowsy during the day, falling asleep at school or in the afternoon, trouble falling asleep or staying asleep, loud snoring, sleepwalking or night terrors and difficulties with concentration and memory.

Top Tips for getting to sleep / sleep routine / falling asleep

- Have a regular bed time and wake up time. A regular bed time helps to set your body clock so your body knows it’s time to sleep. Waking up at (or near) the same time each day also helps your body to establish a sleep pattern. Get plenty of sunlight during the day too.

- Establish a bed time ritual. Doing a series of actions before bed also helps your body to prepare for sleep. Ideas include, a warm bath or shower, reading a book, listening to quiet music or doing some gentle stretches.

- Avoid technology in the hour before bed, including TV, computers and phones.

- Exercise during the day so that your body is ready for rest at night.

- Don’t eat big meals at night. Eat as early as possible and try to avoid rich, heavy food close to bed time.

- Limit your caffeine during the day and don’t drink any caffeine in the afternoon or evening.

- Don’t have too much liquid in the evening….and if you are drinking, consider a herbal tea like chamomile.

- Worrying about problems at school or with friends often stops you from getting to sleep. Talk to a trusted person about things that are worrying you to find ways to solve your problems. You could also try some relaxation exercises such as meditation or positive visualisation.

- Have your room as dark as possible when trying to get to sleep. Use a sleep mask if you need to avoid light e.g. from electronic devices, street lights etc.

Mr R Russo – College Counsellor

Winter Sports Photos

The Winter Sports Photos will be taken during Period 1 – 2 on Wednesday 26th August in the Junior School yard. Sports involved include Rugby, Football, Tennis, Boxercise, Robotics and Athletics. Full sports uniform will be required for Rugby, Football and Tennis (ISA and Winter NSTA only). Athletics and Boxercise will be taken in full College Uniform. Photos of the College Leaders and Prefects will also be taken.

The basic rule is NO SPORTS UNIFORM NO PHOTO. Students have the option of coming to school wearing their Rugby, Football and Tennis uniform underneath their FULL COLLEGE TRACKSUIT or bringing their sports uniform to school and changing when their photos are called. All students must have their Student ID cards with them when they are called for their photos.

Order Forms will be available from the Front Office on the day. Further details of when the photos orders are due back to the College will be posted at a later date. The running order of the photos can be found in the Woodchatta Extras.

Ms L Proc – General Coordinator
Year 7 to 10 House Vice Captains and Leadership Forum

Congratulations are extended to all those students who took part in Friday’s Leadership Forum. The 50 students were addressed by ex-student Mr Bill James, founder of Top Deck Travel in the UK and The Flight Centre companies before being published as a War Historian specialising on The Kokoda Track Campaign.

Bill discussed a range of leadership traits, styles, models and skills with the students, emphasising the relationship between vision, goals and action plans. He stressed the importance of balancing all aspects of your life, to be at your best to guide and assist those you are leading, and the benefits of inverting leadership models to best support those in your “frontline”.

The afternoon culminated in leadership and initiative activities led by Mr Lynch and Mr Russo at Beauchamp Park which challenged our leadership teams to work collaboratively to overcome a range of problems and obstacles. Commendations to the students who again rose to the occasion with admirable learning outcomes.

Fittingly our Student Leadership Team 2016 elect will hold their Leadership Camp this Wednesday to Friday at Christian Brothers EREA Training Centre Mulgoa. Led by Mr Batchelor, the camp will allow our Prefect Body and College Captains to develop their leadership objectives and portfolios as they take over the mantle from Year 12 2015.

SPX Kokoda Expedition 2016

All interested members of the wider SPX Community are invited to attend our Buddies not Bullies Mindmatters Bushwalk on Sunday 30th August. Meeting at Acron Oval, St Ives at 8.45am, we will walk to Davidson Park (Roseville Bridge) for our first training walk. Contact Mr Brannan at the College for further details and to confirm numbers for the BBQ.

Performing Arts News

**SPLINTERS, SPLASHES, SOUNDS AND STAGE**

Will take place on Thursday 27th August, commencing at 7.00pm. The night showcases the major works of the HSC Design and Technology, Art, Music and Drama students. Supper is served in the canteen. Parents, relatives and friends are warmly invited to join the students on this night.

**TWILIGHT CONCERT**

The second Twilight Concert for the year will take place on Friday 28th August, commencing at 5.00pm in the Junior School yard (gymnasium if the weather is inclement). All major ensembles (with the exception of the Guitar Ensembles) will be performing and there will be a special presentation to all Year 12 Drama and Music students.

**BAND ROOM**

The Band Room has been re-configured to accommodate our recently purchased Orchestral Bass Drum (thank you to the PAPA for funding this purchase). The new formation also enables all ensembles to rehearse and perform in the same set-up. Boys who are taking instruments to the storeroom need to carefully read the signs on the doors and ensure that they follow the instructions, so as not to disturb rehearsals.

**JAZZ BAND AUDITIONS**

With the departure of Year 12 there will be vacancies in Intermediate and Senior Jazz Bands. Students who are interested in auditioning should read the information on the Performing Arts Noticeboard and then sign up, should they wish to proceed.

Ms T Bates – Performing Arts Coordinator
The exhibition of HSC work in TAS, Visual Arts, Music and Drama will be held on Thursday, 27th August from 6:30 – 8:30 pm. All are welcome to help us celebrate the creative talents of our senior students.

Photo by Matthew Chan Yr 12

Mr M Anderson – Visual Arts Coordinator

From the Social Justice Coordinator

World Humanitarian Day falls on 19 August, the day in 2003 when 22 aid workers were killed in a bombing at the UN headquarters in Baghdad. It’s a day to commemorate all people who have lost their lives in humanitarian service and to celebrate the spirit that inspires humanitarian work around the world. [http://worldhumanitarianday.org](http://worldhumanitarianday.org)

Willowood Aged Care Facility is so popular with the St Pius X students looking for Social Justice projects that it has become necessary to run 2 bus trips on Mondays, as a 12 seat bus just isn’t big enough. Mr Blake along with Brodie Jones, Dom Easy, Jacques Fletcher-Cauchi, Nick Onslow, Patrick McKenzie, Theo Xylas, Sean Gilbert, Matthias Anstice, Ashley Seeto, Dante Muranty, Nathan Ignatius, Denis Webber and Sam John enjoyed a Monday afternoon of conversations with their residents.

Wednesday saw Ms Ramsey, Max Magee, Sam Stanley and Brooke Threlfo (Ms Ramsey’s daughter) visit Matthew Talbot Men’s Hostel to feed the homeless. What was noted was the diversity of men who were in need of hostel accommodation and assistance. This made it a more eye opening and real experience for this group of Social Justice volunteers. A reminder that the drive for used pots and pans, as well as used clean men’s pyjamas for Matthew Talbot is on this week and the beginning of next week.

The following young men, under the leadership of Mr Adrian Brannan, capably led the schools 40 Hour Famine initiative, designing a program that encouraged up to 100 boys within the College to raise funds and awareness by going without temporarily. They are Angus Dingley, Lachlan May, Rory Beattie, Jacques O’Hearn, Alex Pozzolungo, Will Russell, Matthew Hall, Liam Zucconi, Daved Trani and Joe Unwin.

The Edmund Rice Society is growing and growing. Last week’s meeting focused on ‘World Humanitarian Day’. 40 Hour famine and how almost 100 St Pius X boys have signed up for it this year, as well as finding an Islamic School in Sydney for ERS members to connect with. The meeting was attended by Mr Hopley, Mr Blake, Dermott Beattie, Mitchell Crisafulli, Dom MacKenzie, David Trani, Denis Webber, Liam Zucconi, Branden Jubian, Lachlan Ceravolo, Lachlan Smith, Alex McLarty, Preston Kerr, Nathan Ignatius, Andrew Jackson, Daniel Warren, Angus Dingley, Bailey Sutton, Ethan Woodward, Matthew Starr, Joshua Foley, Declan Howle, Jack Moran, Oliver Tysoe, Sam Fong, Matthew Staal, Matthew Hall, Josh Thrum, Brodie Jones, and the meeting was chaired by Josiah Lising and Keenan Smith.

The Haven Education Centre Terrigal project continued on Thursday afternoon with Oliver Tysoe, Jack Moran, Bailey Sutton, Ethan Woodward, Benjamin Di Tommaso, Declan Howle and Mr Blake continuing to create the 30 skateboard decks.

Mr D Blake – Social Justice Coordinator
From the Science Department

SCIENCE – get involved & have fun!

National Science Week at the College has been jam-packed with activities that boys love – explosions, dissections and paper plane competitions. The week’s theme was “Get Involved and Have Fun” and was aimed at fostering younger students’ curiosity about Science.

The program included paper plane competitions for Years 5-7, combustion experiments with Engineering students from Sydney University led by Matthew Bull (SPX 2012), Chemistry, Physics and Biology demonstrations.

Next Monday “The Surfing Scientist” Ruben Meerman will be presenting to Year 9.

Many students from Year 7 to Year 11 are also competing in the Education Perfect Science Championships which runs until 7.00pm Thursday 27 August.

Careers News

YEAR 10 FORM MEETING - GUEST PRESENTER

Old Boy, Kevin Brennan (class of 1985) was the guest speaker at the Year 10 Form meeting last week. Kevin shared his personal experiences of his career pathway in the field of Engineering. He has worked for many leading companies both in Australia and overseas. His recent projects have included the Lane Cove Tunnel and Barangaroo.

He left the students with some valuable advice for study and the future ‘Success takes effort’. We thank Kevin for returning to the College and sharing his experiences.


Debating

SCHOOLS’ DEBATING NETWORK

Last Friday 14th August St Pius X debated Redlands at Cremorne. The Year 10 and Year 11 teams were successful on the night and the Year 9 and Year 12 teams has close losses. Our BEAUTIFUL Year 7 and Year 8 teams went down to Redlands: These guys are amazing - they knew how and why they lost but were still horrified at the outcome. They are so competitive and very cute…especially when they are cranky at themselves!

THIS FRIDAY 21st AUGUST ST PIUS X IS HOSTING RIVERVIEW. The topic area for this debater is Law & Order.

Students will need to follow normal instructions for dinner at Westfield and return to the College by 4pm for training until 5pm: Year 11-12 TCR, Year 7-8 TCR, Year 9-10 BLUE ROOM. Riverview should arrive around 5.30pm. ‘Coin toss’ for Year 7-8 is 6pm SHARP with debates commencing at 7pm and concluding around 8pm. ‘Coin toss for Year 9-12 is 7pm SHARP with debates commencing at 8pm and concluding by 9pm. NEXT FRIDAY 28th IS THE LAST ROUND IN THIS COMPETITION. ST PIUS X IS HOSTING ROSEVILLE COLLEGE AND THE TOPIC AREA IS SOCIAL ISSUES. The Twilight Concert will take precedence over SDN debating but we should be able to participate fully in the debate event.

Thank you to all parents for their support for this competition. It has made the debating season quite long but the students seem to have enjoyed it and have found it to have been a worthwhile experience.

Ms M Waterson – Debating and Public Speaking Convenor
Learning Enrichment Notices

TOURNAMENT OF MINDS 2015
Good Luck to the Junior Team competing this Sunday at Roseville College. The team have chosen to present the Social Sciences Challenge. The boys have worked extremely hard to complete their challenge.

Junior School Team: Alec Ramsbottom, Nicholas Biefeld, Lachlan Milenkoski, James Baldock, Harrison O’Brien, Harrison Pierides, Alex Vaccher

WRITERS WANTED! WRITE4FUN COMPETITION
Entries are open for any boys wishing to enter this competition. Writing can be any style on any topic such as poetry or short story on any theme. Great prizes to be won. Entries close 30th August.

Those boys interested can visit http://www.write4fun.net/ to find out more to enter and come Compass Club Wednesday lunchtime to work on your entry.

MINDQUEST – YEARS 5 AND 6
MindQuest is an exciting enrichment program, designed to challenge and extend gifted and talented primary students in New South Wales Schools. This program is now in its fifteenth year of operation. These challenging two day workshops are designed to stimulate and extend students across a broad range of subject areas. Activities may include chemistry, earth sciences, lego robotics, drama, art and writing. Courses focus on developing critical and creative thinking skills, problem solving and broadening your child’s interests. More information may be found at http://www.mindquest.net.au/

Date: 12th and 13th September 2015

ATTENTION: ALL YEAR 5 WRITERS……..GET YOUR ENTRIES IN!
The Bushland Community Officer Emma Hayes spoke to the Year 5 boys recently about this exciting opportunity. Every year Willoughby Council offers a special Short Story Writing Competition for students in Year 5 across Willoughby. Students are invited to write their own short story and create their own artwork focusing the Pacific Baza animal in the local area wildlife corridor. The boys are welcome to attend compass Club to work on their entry. Entries close Friday September 11th.

Mrs B Spanyik – Learning Enrichment Teacher

From the Junior Resource Centre

BOOKWEEK COSTUME PARADE
This year’s Bookweek theme is ‘Books Light Up Our World’ and a Costume Parade will be held on Friday 28th August in the Junior School. Students can dress up as their favourite book character.

VISITING AUTHOR: Deborah Abela will be talking to the Years 5 and 6 boys on Friday 21 August about how books “light up our world”, and discussing her newly released novel, ‘New City’.

Ms E Martin – Junior Teacher Librarian

Homework Help
Homework Help will be held every Tuesday to Thursday inclusive after school from 3.15pm - 4.00pm in the Senior Resource Centre. Students are to be actively engaged in school work, reading or study. All ages and levels of ability are welcome to attend, so come along and take advantage of the service.

Ms J Raheb-Mol – Coordinator, Learning Support and Enrichment

Travel Concession Cards
Students who are 16 years and over can collect their Travel Concession Card from the Administration Office, if they have not already done so.

Entitlements: The Travel Concession Cards entitle students to half fare travel on train services, bus services, Sydney ferries (except fast ferries between Manly and Circular Quay), light rail services (single/return/day pass fares only), NSW TrainLink services and the Airport Link Gate Pass. Not available on event services and charter buses, or privately owned and operated services.

Ms R Gaston – Student Travel

SPX Old Boy on The Voice
Old boy Joe Moore will be on the Voice again this Sunday – he is now in the final 6 contestants. Congratulations Joe!

Mr S Quilty
Junior School News

NAPLAN RESULTS - YEAR 5

Parents please note that your son has been given his NAPLAN results today and they are in his bag. As stated before it can be a guide/indication but it is also simply a one-off test and any student can have a bad day. Mr Damo has a synopsis of results in his section of the newsletter so I won’t repeat them. I will say that there are some very pleasing results in Year 5 and realistically we must not only congratulate our teachers but also the teachers from all the other schools who laid the foundations in the 5 years of schooling before they came to us. We tend to look at the Year 7 results as an indication of how the boys are developing under our tutelage. The difficulty is that we have an intake in Year 6 and another in Year 7 which obviously affects the data. However I was pleased with the individual gains made by several students in Year 7.

Regarding the Year 5 results I was very pleased with the fact that we didn’t have any boys in the lowest 2 bands (Band 3 and 4) but our challenge is now to see how we can improve their writing so that the majority of the boys who were in the middle 2 bands (Bands 5 and 6) can move upwards. Numeracy is always strong and that trend continued. I was pleased we didn’t have any boys below national minimum standards in Reading, Writing, Spelling or Number.

Below is a chart of our percentages in the top 2 bands compared to the state.

<table>
<thead>
<tr>
<th></th>
<th>Reading</th>
<th>Writing</th>
<th>Spelling</th>
<th>Grammar</th>
<th>Number</th>
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</thead>
<tbody>
<tr>
<td>State</td>
<td>38</td>
<td>21.4</td>
<td>39.9</td>
<td>38.7</td>
<td>30.7</td>
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<tr>
<td>School</td>
<td>53.7</td>
<td>17.9</td>
<td>44.2</td>
<td>54.8</td>
<td>50.5</td>
</tr>
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</table>

Nearly 50% of the boys received a Band 6 in Writing so if we looked at the top 3 bands in writing the state average is 52.9 and in our school percentage was 66.3%.

Please look for positives in your son’s report and point out any challenges and have a good night.

WALKATHON

The boys need to bring their sponsor sheets back tomorrow morning. They will then get a note attached to their sheet saying how many kilometres they walked/ran and after they get the sheet back they can then go about the business of collecting the money promised.

Please remember that the causes are not only good ones but that it is an important lesson in life to put yourself out for somebody else. The boys are in a fairly ego centric stage of their development but we want to develop a sense of social responsibility and this is part of the process.

When they are in Year 10 or if they do the Kokoda expedition, they will get to meet some of the recipients from the walkathon that they are participating in tomorrow.

GRANDFATHER. FATHER AND SON SPORTING AFTERNOON.

Grandfathers, Fathers and Sons sporting afternoon – 3rd September - Please return form by 21st August. (Form in Woodchatta extras). Gents start stretching and put the ice packs in the freezer.

RUGBY PRESENTATION NIGHT

It was great to see so many parents and happy students at the Rugby Presentation evening yesterday. The camaraderie developed through a physical team sport was evident in the room.

Thank you to all the coaches but especially to Mr Virgona for organising the presentation and the whole season and to Mr Carroll for the excellent video presentation.
TOURNAMENT OF THE MINDS

Best wishes to the boys competing in the Tournament of the Minds at Roseville College this Sunday. I look forward to seeing your presentation.

REMINDERS

- Saturday 22/8 – Shore invitational Athletics Carnival (Athletics team)
- Tuesday 25/8 – IPSHA Athletics Carnival (Athletics team at Homebush)
- Wednesday 26/8 – Winter sports photos and Football Presentation Night.
- Monday 31/8 – SPX Patron’s Day holiday – Please get organised so that you know how your son will be supervised that day. If you work and a good friend’s parent doesn’t, it could be a good day for a visit.
- Year 5 Willoughby Council story competition open for a couple of weeks. One boy will become a published author!

EXPLANATION

In the college calendar for next week they mention, ‘Splinters, Splashes Sounds & Stage.’ This highlights the Year 12 major works but it is very interesting and sometimes amazing to see what the current group of boys has done and what your son may decide to do in the future.

Mr T Long – Head of Junior School

Uniform Shop

TRADING HOURS – MONDAYS, TUESDAYS & WEDNESDAYS 8.00AM – 1.30PM

Orders can be placed via the College website http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83 or by phoning the shop on 9414 4339 or by sending an email to uniformshop@spx.nsw.edu.au.

Parents are reminded that the Uniform Shop also sells second-hand school uniforms.

Blazer Buttons are available from shop $2.00 each.

A full price list is available on the College website: http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83

Mrs D Muirhead – Uniform Shop Coordinator

Canteen Roster

<table>
<thead>
<tr>
<th>24/8 – 28/8</th>
<th>31/8 – 4/9</th>
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<tr>
<td>Mon</td>
<td>Mon</td>
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<tr>
<td>R Woo, J McKern, D O’Donovan, A Stanley, L Saunders, J O’Hehir</td>
<td>SPX PATRON’S HOLIDAY</td>
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<tr>
<td>Tues</td>
<td>Tues</td>
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<tr>
<td>M Claburn, M Purcell, K Jenner, M-C Cipriano, M Cheah, C Daniels</td>
<td>O Shahady, R Habib, S Baird, J Moait, A Wright</td>
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<td>Wed</td>
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<td>K Whale, K Boccanfuso, S Thomson</td>
<td>I Janssen, M Miles, A Herrera-Bond, N Woodward, T Gunaratnam</td>
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<td>Thurs</td>
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<td>M DI Salvatore, J Price, K Vaccher</td>
<td>G Ryan, S Richardson, L Wall</td>
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<td>P Hewitt, J Ryan, L Shih, M Ribas, E Griffin, A Fallon, A Parton</td>
<td>M Currington, A Simpson, R Nolan, R Carrali, M Roach, C Sweeney</td>
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Senior School Sport

FOOTBALL
Dear Parents and Players, Another record for SPX Football! This is the first time that we have had 10 teams in the ISA Grand Finals and it is also so pleasing to see that there is at least one team in every age group represented.

Player of the week goes to 15B goal keeper Liam Jackson, who, with the assistance of his teammates managed to come out victorious in a penalty shoot-out.
Team of the week goes to the 16As who, in Round 10 had a tense 1-1 draw with Redlands, only to play them this week and come out easy winners with a 4-0 victory.

Good luck to all teams this weekend - all support is welcome and encouraged. All fields are located at Oakhill College, Old Northern Rd, Castle Hill. Please note that parking will be difficult as Oakhill is hosting all Rugby and Football finals on the day.

A reminder that the Football Presentation Evening will be held on Wednesday 26th August at 7pm in the College Gym.

Mr S Yue - Convenor

<table>
<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>Opposition</th>
<th>Venue</th>
<th>Result</th>
<th>Best &amp; Fairest – 3,2,1</th>
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<tbody>
<tr>
<td>1st X1</td>
<td>3.00 pm</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td>2-1</td>
<td>A Vinci; R Leonardi; N Refenes</td>
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<tr>
<td>2nd X1</td>
<td>1.40 pm</td>
<td>St Patrick’s</td>
<td>Hermann Oval</td>
<td>7-1</td>
<td>T McKern; M Robertson; J Chater</td>
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<tr>
<td>3rd X1</td>
<td>NO GAME</td>
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<tr>
<td>4th X1</td>
<td>1.40 pm</td>
<td>Oakhill</td>
<td>Lawrence Oval</td>
<td>5-0</td>
<td>S Gillott; T Graziaffo; L Houlahan</td>
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<tr>
<td>16A</td>
<td>12.30 pm</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td>4-0</td>
<td>J Habib; L Fleming; M Hettler</td>
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<tr>
<td>16B</td>
<td>12.30 pm</td>
<td>St Patrick’s B</td>
<td>Lawrence Oval</td>
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<td>Team</td>
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<tr>
<td>15A</td>
<td>11.20 am</td>
<td>Redlands</td>
<td>Hermann Oval</td>
<td>5-0</td>
<td>N Mellino; L Locascio/C Stephen; C Hammond</td>
</tr>
<tr>
<td>15B</td>
<td>11.20 am</td>
<td>St Patrick’s B</td>
<td>Lawrence Oval</td>
<td>0-0</td>
<td>Team (SPX Win on penalties)</td>
</tr>
<tr>
<td>14A</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td>0-1</td>
<td>S Browning; M Milat; M Fazzino</td>
</tr>
<tr>
<td>14B</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td>0-1</td>
<td>J Folkard/L Forwood; Z Harmata; N Cowie</td>
</tr>
<tr>
<td>14C</td>
<td>10.10 am</td>
<td>Chevalier</td>
<td>BC Oval</td>
<td>1-0</td>
<td>Team</td>
</tr>
<tr>
<td>13A</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13B</td>
<td>9.00 am</td>
<td>Oakhill</td>
<td>Lawrence Oval</td>
<td>1-0</td>
<td>M Bradley/J Bertinetti; J Shelton/D Hawthorne; N Boxall</td>
</tr>
<tr>
<td>13C</td>
<td>9.00 am</td>
<td>St Patrick’s C</td>
<td>BC Oval</td>
<td>3-1</td>
<td>T Boys; N McKenzie; R Jones</td>
</tr>
<tr>
<td>13D</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

CRICKET
We’ve had a very healthy response to the call for registrations and with 126 players signed up we’re looking to field 10 teams across the college this season. That is likely to comprise 8 district teams (for which the Cricket Club has direct responsibility) and the two ISA teams - the 1st and 2nd X1s - which are selected by the ISA college selectors and for which trials are due to begin next Monday (August 24).

For those players in Year 5 and 6 grading/trials/assessments are now underway on Thursdays at Oxford Falls as part of junior sport and the CC’s thanks go to Greg Virgona, the Junior School Sportsmaster, who is running that process ably supported by SPX CC-provided coaches from Cricket Appeal (Mosman CC). It looks like there will be three teams from the Junior School this season.

In the Senior School, we are anticipating there will be two U14 teams, one U15 team and two U16-U18 teams, albeit the latter are fluid at the moment and will depend on the outcome of the ISA trials giving the number of boys who have indicated they intend to trial. We are looking to finalise our teams by the end of this month as we need to notify our district associations shortly after that about the number of sides we are entering in their competitions. We also have the deadline of the competition start dates to work to: September 12 for Manly and September 19 for North Shore.

As for this coming Sunday, just a reminder that we start early at Oxford Falls - 8am registrations for the Years 5 and 6 boys. Mosman CC coaches will be on hand to support SPX CC committee members as part of these try-outs. Session times are:

8.15 am - 9.30 am: Years 5 and 6
9.30 am - 10.45 am: Years 7 and 8 - Please register at 9.15am
10.45am - 12.30pm: Years 9, 10 and 11 - Opens - Please register at 10.30am

Don’t forget to wear training gear and bring kit, hat, water bottle and sun screen. And of course there will be the free BBQ and drink after each session! See you there.

Mr D Reay - Convenor
ATHLETICS
Congratulations to all the St Pius X athletes who competed at Homebush on Saturday. Despite many athletes being involved with semi-final football matches, we were still able to field a strong team at the Trinity and St Aloysius Invitational Carnival. Season Bests will be rewarded with a merit card every time they are broken in subsequent Carnivals.

Special Mentions
Aaron Parker: Captain for 2015
Matt and Daniel Hall: Positive sibling rivalry pushing each of them on
Jackson Ellis: Awesome 100m
Sam Richardson: Hurdling like Aires Merrit

This Thursday: Good Luck to our NSW Schools Knock Out Cup

Carnival on Saturday
Final Details of the carnival this Saturday will be handed out on Friday. We are at Homebush again - all the Invitational Carnivals follow the same timetable, but beware they can run early.

Help please
On Saturday 29th August, St Pius X along with St Patrick’s College host the Carnival at Homebush. We will be in charge of organising the field events. Please let myself or Sally Richardson know if you are available and willing to help. My email: rlacey@stpiusx.nsw.edu.au

Athletics Fact File
Sprinter Peter Norman died of a heart attack on 3rd October 2006 in Melbourne at the age of 64. US Track and Field Federation proclaimed 9th October the date of his funeral, as Peter Norman Day.

A Merit Card goes to the first student who tells me at school who Peter Norman was, and his significance to Australian and US Athletics.

Mr R Lacey - Convenor

ISA TENNIS
What a season! After so many of our teams coming so close to making the Finals at Barker last Saturday, our one Finalist team was victorious in their battle against St Patrick’s College and are now the ISA Tennis Premier Division 9 Team for 2015, winning 6-2 against an opposing team with a fierce reputation.

A hearty and well deserved congratulations go to Jamie Alexander, Alessandro Muranty, David Ko, Bertie Johnston and Zachary Bull. You remained convincingly undefeated for the entire season and played with positive enthusiasm, great teamwork, respect towards your opponents and impressive sportsmanship in every single game, set and match. Well done!

SPX TENNIS CHAMPIONSHIP
The SPX Internal Tennis Championship will be held on Saturday, 5th September at our Talus St courts. All current ISA Tennis Players and 2014-2015 season NSTA players are eligible. There will be a Junior and Senior Knock-out Singles Competition. Entry Forms are due by the 25th August and are available at the Student Office.

Ms A O’Brien - Convenor

BOXERCISE FOR FITNESS & FUN
Boxercise is available for all students every Thursday and Friday morning at 7.30am in the Blue Room. Please contact Mr Russo if you have any queries.
Junior School Sport

**Thursday Sport:** on at Oxford Falls. Our regular sport is put on hold as the Walkathon takes over for a week. I thank all students and the wider SPX community for their support of this worthwhile charitable event – the generous spirit of our community always shines through, whilst the boys do a superb job in exerting themselves physically for a good cause.

<table>
<thead>
<tr>
<th>Week</th>
<th>Day</th>
<th>Date</th>
<th>Activity</th>
<th>Saturday Sport Activity</th>
<th>Venue</th>
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<td>Thursday</td>
<td>20th Aug</td>
<td>Walkathon</td>
<td></td>
<td>Oxford Falls</td>
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<tr>
<td>7</td>
<td>Thursday</td>
<td>27th Aug</td>
<td>Sport (+ external tennis trials)</td>
<td>Summer Trials / Training</td>
<td>Oxford Falls</td>
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<tr>
<td>8</td>
<td>Thursday</td>
<td>3rd Sept</td>
<td>Father + Son Sports Day</td>
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<td>Oxford Falls</td>
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<td>9</td>
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<td>Sport</td>
<td>Summer Trials / Training</td>
<td>Oxford Falls</td>
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<tr>
<td>10</td>
<td>Thursday</td>
<td>17th Sept</td>
<td>Sport</td>
<td>Summer Training</td>
<td>Oxford Falls</td>
</tr>
</tbody>
</table>

**Athletics:** Well done to all athletes who opened their season with some smart performances at The Barker Invitational last Saturday. The Brothers’ Carnival takes place on Friday, followed by the Shore event on Saturday. Good luck to all athletes as they continue to prepare for the IPSHA selection meet next week.

**Cricket:** Trials continue at Sport on Thursday 27th August. Players can bring their own gear (the school does provide most items as training kit if required). A pre-season training/coaching clinic will take place on Sunday 23rd August at Oxford Falls from 8.30am (time tbc). Qualified coaches from Mosman Cricket Club will be in attendance to oversee the conduct of the sessions. Players are encouraged to take part in this coaching “to kick start” their season.

**Rugby Presentation Evening:** Congratulations to all players who were acknowledged last night after the completion of another Rugby season. We especially recognise the major award winners in each team, including our Jnr Rugby Player of the Year, Benjamin Kafer.

**Football Presentation Evening:** takes place for all players on Wednesday 26th August from 5.30pm – 6.50pm (allowing parents to attend the Senior Presentation in the Gym from 7pm). It will be held in the Sarto Centre and boys will be required to wear school uniform.

Mr G Virgona – Junior School Sportsmaster

**Junior NSTA Tennis**

Last Saturday was fabulous weather for tennis. It was a very quiet round with only two Junior School teams playing at home, and no senior tennis which gave the junior boys the pick of the courts in the warm sunshine. It is always hard to verse other Pius teams, but our boys did a great job with some fabulous tennis played and noticeable improvements in our players from the beginning of the season. A big thank you to the parents who stayed to watch and had a coffee!

Next week is our final round of play followed by the playoffs and finals the following week (29th August). A reminder that boys need to arrive at tennis at 7:45am for an 8:00am game. Games will conclude no later than 10:00am. It is advisable to send your son with a phone in case games finish earlier so he can contact you. Thank you, and see you next week.

Mrs B Barrett – Convenor
The following information is contained within this week’s Woodchatta Extras. Click on the link below to take you straight to that section.


1. SURVIVING THE HSC: STRESS MANAGEMENT FOR STUDENTS, PARENTS & TEACHERS
2. YEARS 5, 7 & 9 NAPLAN – SNAPSHOT OF RESULTS
3. WINTER SPORTS PHOTOS
4. INVITATIONAL CARNIVAL TIMES
5. GRANDFATHER, FATHER & SON SPORTING AFTERNOON
6. FOOTBALL CLUB NEWS
7. GENERAL NOTICES
   Pymble Parish Mission 2015: 29 August to 5 September
   Confirmation at Holy Spirit North Ryde
   Sacred Heart Catholic School Golden Jubilee Celebration
SURVIVING THE HSC: Stress Management

Surviving the HSC: Stress Management

Student Seminar
27th August 2015, 4.00pm - 6.30pm

Parent & Teacher Seminar
3rd September 2015, 6.00pm - 8.00pm

$30 per participant

understanding stress | managing exam anxiety | effective study strategies
relaxation techniques | exam preparation

Reserve your place now! tiny.cc/uswj1x

help@sydneycounselling.com.au

***Spaces are strictly limited: please book using this link: http://tiny.cc/uswj1x***
YEAR 5

SCORES: Year 5 SPX compared to State Mean

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<th>State Mean</th>
<th>School Mean</th>
<th>% Diff</th>
<th>Result</th>
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BANDS: Year 5 SPX compared to State

A student’s standard of achievement is reported in Bands. In Year 5, Bands range from Band 3 to Band 8. Students attaining Band 3 are below National Minimum Standards. Students at Band 4 are At Minimum Standards. Students at Bands 7 and 8 are at Proficient Standard.

The following table shows the percentage of students within each Band for Year 5 compared to State levels.

<table>
<thead>
<tr>
<th>YEAR 5</th>
<th>Band 3</th>
<th>Band 4</th>
<th>Band 5</th>
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<td>20.5</td>
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<td>4.2</td>
<td>17.9</td>
<td>24.2</td>
<td>25.3</td>
<td>28.4</td>
</tr>
</tbody>
</table>

| Writing|        |        |        |        |        |        |
| State  | 5.8    | 8.7    | 32.6   | 31.5   | 15.2   | 6.2    |
| SPX    | 0      | 0      | 33.7   | 48.4   | 12.6   | 5.3    |

| Spelling|        |        |        |        |        |        |
| State   | 4.5    | 10.4   | 20     | 25.2   | 27     | 12.9   |
| SPX     | 0      | 5.3    | 20     | 30.5   | 31.6   | 12.6   |

| Grammar and Punctuation|        |        |        |        |        |        |
| State                | 6.6    | 10.7   | 22.5   | 21.5   | 20.6   | 18.1   |
| SPX                  | 2.1    | 6.3    | 12.6   | 24.2   | 29.5   | 25.3   |

| Numeracy|        |        |        |        |        |        |
| State   | 3      | 15.3   | 25.3   | 25.6   | 16.6   | 14.1   |
| SPX     | 0      | 2.1    | 15.8   | 31.6   | 28.4   | 22.1   |

Continues over the page ...
YEAR 7

SCORES: Year 7 SPX compared to State Mean

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<th>Subject</th>
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<th>School Mean</th>
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<th>Result</th>
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<td>607.9</td>
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<td>Well above State</td>
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BANDS: Year 7 SPX compared to State

A student's standard of achievement is reported in Bands. In Year 7, Bands range from Band 4 to Band 9. Students attaining Band 4 are below National Minimum Standards. Students at Band 5 are at Minimum Standards. Students at Bands 8 and 9 are at Proficient Standard.

The following table shows the percentage of students within each Band for Year 7 compared to State levels.

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<th>Band 9</th>
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YEAR 9

SCORES: Year 9 SPX compared to State Mean

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BANDS: Year 9 SPX compared to State

A student’s standard of achievement is reported in Bands. In Year 9, Bands range from Band 5 to Band 10. Students attaining Band 5 are below National Minimum Standards. Students at Band 6 are At Minimum Standards. Students at Bands 9 and 10 are at Proficient Standard.

The following table shows the percentage of students within each Band for Year 7 compared to State levels.

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WINTER SPORTS PHOTOS

- Winter Sports photos will be taken during Periods 1 - 2 on Wednesday 26th August in the Junior School yard.
- Teams will be called over the PA.
- Basic rule is no sports uniform no photo.
- Full sports uniform will be required for Rugby, Soccer and Tennis.
- Athletics, Boxercise & Robotics photos will be taken in full College uniform.
- You have the option of coming to school wearing your Rugby, Soccer and Tennis uniforms under your full College tracksuit or bringing your sports uniform to school and changing in the Gym when photos are called.
- If you are involved in Athletics, Boxercise, Robotics or Cross Country and another sport you must come to school in school uniform and bring clothes for the other sport.
- **All students must have their St Pius X Photo ID Card**
- All students will have the opportunity to purchase photos at a later date.
- Complete co-operation is required of all students.
- There will be two cameras operating.

The **RUNNING ORDER** will be as follows.

**Period 1 9.00am**
BOXERCISE (COMBINED)  
ROBOTICS  
SENIOR ATHLETICS SQUAD  
SENIOR ATHLETICS AGE CHAMPIONS  
SENIOR CROSS COUNTRY SQUAD  
JUNIOR ATHLETICS SQUAD  
JUNIOR ATHLETICS AGE CHAMPIONS  
IPSHA ATHLETICS REPS  
JUNIOR CROSS COUNTRY SQUAD  
IPSHA CROSS COUNTRY REP  
NSTA TENNIS TERM 2 & 3 (JUNIOR SCHOOL)  
11B RUGBY  
11A RUGBY  
PREP 2ND RUGBY  
PREP 1ST RUGBY  
JUNIOR RUGBY PLAYER OF THE YEAR  
CIS RUGBY REP  
11 GOLD FOOTBALL  
11 BLUE FOOTBALL  
11C FOOTBALL  
11B FOOTBALL  
11A FOOTBALL  
PREP 4TH FOOTBALL  
PREP 3RD FOOTBALL  
PREP 2ND FOOTBALL  
PREP 1ST FOOTBALL  
JUNIOR FOOTBALL PLAYER OF THE YEAR
Winter Sports Photo Schedule (Continued)

13D RUGBY
13C RUGBY
13B RUGBY
13A RUGBY
14B RUGBY
14A RUGBY
15B RUGBY
15A RUGBY
16C RUGBY
16B RUGBY
16A RUGBY

(Approx Period 2) 9.50am
SECOND XV RUGBY
FIRST XV RUGBY
RUGBY 1st XV CAPTAIN & COACH
RUGBY 1st XV CAPTAIN
RUGBY PLAYER OF THE YEAR

13D FOOTBALL
13C FOOTBALL
13B FOOTBALL
13A FOOTBALL
14C FOOTBALL
14B FOOTBALL
14A FOOTBALL
15B FOOTBALL
15A FOOTBALL
16B FOOTBALL
16A FOOTBALL
FOURTH XI FOOTBALL
THIRD XI FOOTBALL
SECOND XI FOOTBALL
FIRST XI FOOTBALL
ISA FOOTBALL REPS
FOOTBALL PLAYER OF THE YEAR
FOOTBALL 1st XI CAPTAIN & COACH
FOOTBALL 1st XI CAPTAIN

ISA TENNIS (COMBINED DIV 1 – 10)
FIRSTS TENNIS
TENNIS CAPTAIN
ISA TENNIS REPS

PREFECTS
2015 COLLEGE LEADERS (CAPTAIN AND VICE CAPTAINS)

Ms L Proc
## INVITATIONAL CARNIVAL TIMES

<table>
<thead>
<tr>
<th>TRACK EVENTS</th>
<th>FIELD EVENTS</th>
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<tbody>
<tr>
<td><strong>Start Time:</strong></td>
<td><strong>Event:</strong></td>
</tr>
<tr>
<td>9.15a.m</td>
<td>3000m</td>
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<tr>
<td>9.00a.m</td>
<td>DISCUS</td>
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<tr>
<td>9.15a.m</td>
<td>SHOT</td>
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<tr>
<td>9.15a.m</td>
<td>HIGH JUMP</td>
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<td>9.30a.m</td>
<td>HURDLES</td>
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<td>12.00p.m</td>
<td>100m</td>
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<td>1.00p.m</td>
<td>1500m</td>
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<tr>
<td>1.40p.m</td>
<td>4 x 100m relays</td>
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<tr>
<td>2.10p.m</td>
<td>400m</td>
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* All track times are a guide only
* Each athlete will have a minimum of 3 and maximum of 6 jumps, throws, putts (exc HJ).
* Championship heat to be run first
* A lane draw will be distributed on the day
* Unlimited entries from each school for track events
* Maximum of 5 athletes from each school for field events
JUNIOR SCHOOL - GRANDFATHER, FATHER AND SON SPORTING AFTERNOON
& SAUSAGE SIZZLE

Our annual sporting afternoon for dads, granddads and the boys is fast approaching. All fathers and grandfathers are most welcome to attend as participants or spectators.

When: Thursday 3rd September
Where: Oxford Falls Playing Fields - Dreadnought Rd, Oxford Falls
Time: Sport from 11.45am-1.15pm
Lunch: BBQ and drinks will follow from 1.15pm

Every boy will be involved in sport even if their dad/granddad can’t be there. There will be two sessions of sport: 11.45am – 12.30pm and 12.30pm - 1.15pm. Participants can either play 2 different sports or stay on the one activity (except tennis where numbers may dictate one session only).

If any mums would like to help with the BBQ, please indicate below. If we have a few cooks then you can take turns at being a spectator and having a good laugh (I mean cheer)!

For catering and logistics please return the Reply Slip by Friday 21st August to your son’s teacher.

Yours sincerely

Timothy Long

FATHERS’ AND GRANDFATHERS’ SPORTS AFTERNOON

I / We will be attending the Fathers’ and Grandfathers’ Sporting Afternoon:
Father/Grandfather Names _______________________________________________________________
Son’s name _____________________________________________
Class _____________

Sport (11.45am till 1.15pm): I / We are interested in (Choose 1 or 2 sports only):
- Touch Football
- Oz-tag
- Basketball
- Tennis (limited space)
- Table Tennis
- Soccer
- AFL (numbers/space permitting)
- Ultimate Frisbee

Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐
Father ☐ Grandfather ☐

* MUMS: I would like to assist with the BBQ from 11.45am onwards:

Mum’s Name: ________________________________
FOOTBALL CLUB NEWS

WOW! What an amazing semi-final weekend - we had 10 of the 12 semi-final teams win their games, some in very convincing style, others of a more nail biting nature … poor suffering parents!!

This means we have 10 teams competing at Oakhill College this Saturday for ISA Honours. We want to see lots of Blue and Gold on Saturday - check the draw in Woodchatta for a full schedule.

Thanks to those parents and Year 10 boys doing their community service who helped out at the BBQ last weekend at Oxford Falls.

The weekly Results Round-up digital publication including past editions, is available on the football website.

This is the last weekend to send in some photos of Grand Finals action - we really want you to take some action shots this weekend.

Send your photos to footballspx@gmail.com - save this to your phone and upload those photos as soon as you take them. We need the photos in by Sunday afternoon.

We also need a paragraph or two describing your team’s season to include in the Year In Review publication. Send it to footballspx@gmail.com as well.

Special Request
We have received many team photos - thanks. We need a 3rds photo and even though your season is over if there is a team shot of some sort from the 4ths, 13As & 14Bs. Please send it to footballspx@gmail.com.

We wish all our teams good luck this weekend – GO PIUS!!

See our webpages for News, Calendars, Photos and Draws:
www.pandf.spx.nsw.edu.au/sports/football/football-news

Rodger Paino
PYMBLE PARISH MISSION 2015 - 29 August to 5 September 2015

Come and celebrate a week of Joy. There is something for everyone - seminars, discussions, meditation sessions, Masses and Liturgies. There are also many opportunities to come together as a community to share a meal and get to know one another better. Dr Dan Fleming and Mrs Robyn Gallagher will be helping us to integrate more joy into our lives.

Dr Dan Fleming:
Dr Dan Fleming is Dean of Studies and Senior Lecturer in Theology and Ethics at the Broken Bay Institute. He is also a conjoint lecturer for the School of Humanities and Social Sciences at the University of Newcastle, and an adjunct lecturer in the School of Education at the University of Tasmania. Dan holds a PhD in moral philosophy and theology.

Robyn Gallagher:
Master of Arts in Theological Studies BA Dip Ed, Cert IV Personal Trainer, Cert III Group Fitness Instructor. Robyn is married and is a mother to three young children. She has completed studies in Theology, Education & Fitness Instruction and has worked for 20 years with adults in the area of faith formation. Robyn has worked in schools and Catholic agencies and has developed her own business called “Ripples” which is an integrated Exercise and Meditation program. She is currently working with the Catholic Schools office in the Broken Bay Diocese in the Mission Services Team.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Saturday 29 August</td>
<td>Parish Mass</td>
<td>5.30pm</td>
<td>SH Church</td>
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<td></td>
<td>Dinner</td>
<td>6.30pm</td>
<td>Marian Hall</td>
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<tr>
<td>Sunday 30 August</td>
<td>Family Mass</td>
<td>9.00am</td>
<td>OLPH Church</td>
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<td>Family Mass</td>
<td>9.30am</td>
<td>SH Church</td>
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<td>Youth Group</td>
<td>5.00pm</td>
<td>Marian Hall</td>
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<td>Youth Mass</td>
<td>6.00pm</td>
<td>SH Church</td>
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<td></td>
<td>BBQ</td>
<td>7.00pm</td>
<td>SH Church</td>
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<tr>
<td>Monday 31 August</td>
<td>Discussion – How to integrate more joy into your life Facilitated by Robyn Gallagher</td>
<td>9.15am</td>
<td>OLPS Church</td>
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<td>Morning tea</td>
<td>11.00am</td>
<td>Marian Hall</td>
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<tr>
<td>Tuesday 1 September</td>
<td>Ripples Facilitated by Robyn Gallagher</td>
<td>9.15am</td>
<td>Marian Hall</td>
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<td>Seminar – Joy of the Gospel Presented by Fr Ziggy &amp; Fr Roman</td>
<td>7.00pm</td>
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<td>Supper</td>
<td>8.00pm</td>
<td>Marian Hall</td>
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<tr>
<td>Wednesday 2 September</td>
<td>Seminar – Pope Francis, Faith &amp; Science, the Environment and us. Presented by Dr Dan Fleming</td>
<td>7.00pm</td>
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<td>Supper</td>
<td>8.00pm</td>
<td>Marian Hall</td>
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<tr>
<td>Thursday 3 September</td>
<td>Fathers Day breakfast</td>
<td>7.45am</td>
<td>Marian Hall</td>
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<td>Fathers Day Mass</td>
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<td>Taize Mass</td>
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<td>OLPS Church</td>
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<td>Supper</td>
<td>8.00pm</td>
<td>Fr Jones Hall, OLPS</td>
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<td>Friday 4 September</td>
<td>Healing Mass</td>
<td>9.00am</td>
<td>SH Church</td>
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<td>Morning tea</td>
<td>10.00am</td>
<td>SH Church</td>
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<tr>
<td></td>
<td>Fathers Day breakfast</td>
<td>7.45am</td>
<td>OLPS</td>
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<td></td>
<td>Liturgy</td>
<td>9.15am</td>
<td>Fr Jones Hall, OLPS</td>
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<td>Discussion - Parenthood, Joy, and Pope Francis Facilitated by Dr Dan Fleming</td>
<td>9.30am</td>
<td>Fr Jones Hall, OLPS</td>
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<td></td>
<td>Morning tea</td>
<td>11.00am</td>
<td>Fr Jones Hall, OLPS</td>
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<td>Discussion and meditation with OLPS and SH children – Joy to the World Facilitated by Dr Dan Fleming</td>
<td>11.30am</td>
<td>Fr Jones Hall, OLPS</td>
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<td></td>
<td>Youth Group</td>
<td>6.30pm</td>
<td>Marian Hall</td>
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<tr>
<td>Saturday 5 September</td>
<td>Parish Mass</td>
<td>5.30pm</td>
<td>SH Church</td>
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<tr>
<td>September</td>
<td>Dinner</td>
<td>6.30pm</td>
<td>Marian Hall</td>
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CONFIRMATION AT HOLY SPIRIT NORTH RYDE

The Sacrament of Confirmation will be conferred in Holy Spirit Parish on SATURDAY 14th NOVEMBER 2015. Parents of children eligible (children in Year Six and above who are baptised Catholics who have made their First Holy Communion) to receive the Sacrament are required to attend a PARENT INFORMATION EVENING on WEDNESDAY 9th SEPTEMBER at 7.30pm in the Catherine McCauley Hall, Holy Spirit School North Ryde. At this meeting you will receive information about the Parish’s Confirmation Preparation Program.

To cover the costs of the program $30 per child is required and payable on the night. It is essential that you register your child’s name by calling Frances Vidakovic 0413484483, Anna Macri 0419787855 or emailing your details to hsrconfirmation@gmail.com no later than Friday 21st August.

SACRED HEART CATHOLIC SCHOOL GOLDEN JUBILEE CELEBRATION

COLLEGE ● 35 Anderson Street, Chatswood NSW 2067 P(02) 9411 4733 F(02) 9413 1860
TREACY COMPLEX ● Dreadnought Road, Oxford Falls NSW 2100 P(02) 9451 7375
E admin@stpiusx.nsw.edu.au www.spx.nsw.edu.au
ABN 50 451 308 630

A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION