From the Principal

**Come, Holy Spirit**

On the Feast of Pentecost on Sunday we pray to the Holy Spirit.

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you shall renew the face of the earth.

Let us pray. O God, who by the light of the Holy Spirit did instruct the hearts of the faithful, grant us in the same Spirit to be truly wise and ever to rejoice in his consolation. Through Christ our Lord. Amen

**Mary Help of Christians**

Eternal God, you chose the Virgin Mary to mother your only Son who is the light of the world.

By the help of her intercession, let the light of Christ shine over this land, guiding us in faith, justice and love.

Mary Help of Christians, pray for us.

Last Sunday was Pentecost Sunday. The Feast of Mary Help of Christians was on Monday.

**RECONCILIATION WEEK**

At Monday’s assembly we celebrated National Reconciliation Week.

Our College Leaders, Fraser Toohey and Matthew Buskariol, led the Acknowledgement of Country and explanation of the significance of this week. Our guest, Mr Kaleb Taylor, a Gamilaroi man, performed a water ceremony and blessed the Reconciliation Jerseys which our Firsts teams will wear in the upcoming Basketball, Football and Rugby tours to Queensland. He then addressed the boys about the importance of caring for the earth, and the circle of life.

Please see the full report in Mr Casey’s section on the following page.
SURVEY REMINDER
Parents are reminded to complete the School Survey which has been emailed to all families. We really take note of what you have to say and have worked on various areas highlighted from last year’s survey. All your feedback is important.

I’M WITH CUPID
Under the direction of Mr Joshua Combes, the cast and crew are putting the final touches to this year’s production, “I’m With Cupid!” The plot is loosely based on Shakespeare’s “Much Ado About Nothing” and has plenty of twists, turns and laughs. Tickets are selling fast and I would encourage those of you who wish to attend to purchase quickly, or you will miss out. Purchase information can be found in the Performing Arts News.

THE DA VINCI DECATHLON
Report from Cameron Fernandopulle- Year 7 da Vinci Decathlon Captain
The da Vinci Decathlon was a fun, immersive competition in which the brightest people from schools across NSW represented their school, completing tasks covering a range of areas. The boys representing our school included Keegan Akin, Charlie Cullen, David Cass, Matthew Starr, Kieran Zucconi, Gregor and Stuart Dingley and me, Cameron Fernandopulle. We were among 1200 students from other schools, completing tasks based on the areas that Leonardo da Vinci achieved in, ranging from Philosophy to Creative Producers.

St Pius X College was awarded first place in the Creative Producers category through the work of Gregor and Stuart Dingley. The day was an enjoyable and challenging experience that made us come together and work as a team.

The team would like to thank Mrs Waterson for her encouragement, preparation and looking after us on the day.

Mr John Couani

From the Assistant Principal – Mission and Identity
Monday morning saw our College continue in the reconciliation conversation of National Reconciliation Week that runs from 27 May to 3rd June. The dates commemorate two significant milestones in the reconciliation journey. May 27, 1967 marks the anniversary of Australia’s most successful referendum that recognised Aboriginal and Torres Strait Islander peoples in the national census and June 3 1992 saw the High Court of Australia deliver its landmark Mabo decision.

Our College Leaders, Fraser Toohey and Matthew Buskariol, led the Acknowledgement of Country and explanation of the significance of this week. We welcomed Mr Kaleb Taylor, a Gamilaroi man, who led our First Football and First Basketball in their reconciliation strip that they, along with our First Rugby, will wear in the upcoming Basketball, Football and Rugby tours to Queensland. Like the Rugby jerseys launched last year, they feature totems from the College’s Reconciliation Artwork which recognize the importance of our Indigenous heritage and culture.

Kaleb led our young men forward in their Reconciliation strips while playing the didgeridoo. Kaleb conducted a water ceremony where he blessed the shirts and all at the College with the waters of the Cammeraygal people. He then drew on his own experiences to address the boys about the importance of caring for the earth and the circle of life. The Assembly were visibly moved by a flock of some 20 plus cockatoos who uncharacteristically, landed in our “Big Tree” as Kaleb conducted the ceremony with the totems of the land. This was definitely a spiritual moment of connection with the land, when Kaleb shared the story of his own totem.

Mr Stearn then explained the significance of the Reconciliation Kit and the responsibility the wearers have in spreading our message as Ambassadors of Reconciliation. These sports kits are intended to “start a conversation” and reinforce each person’s unique role in our College as Ambassadors for Reconciliation.

National Reconciliation Week’s 2015 theme, ‘It’s time to change it up’, challenges us to take “fresh action to spark a change” as we “Recognise” our Indigenous Australians.

Our Reconciliation Liturgy concluded in Prayer with Cameron Mokhtar (Year 5), Mitchell Chow, Tom Findlay (Year 9), Kane Eden (Year 11) and Mr David Blake, our Acting Social Justice Coordinator, leading us in prayer, that we will walk with Our Lord towards peace and reconciliation.

Mr M Casey
**MindMatters for Families**

- **STUDENT EMPOWERMENT MENTAL HEALTH FORUM: Parental Assistance Required Friday 12 June at Oxford Falls**

St Pius X College is hosting the lower North Shore Youth Mental Health Forum, “Empowering Young Minds”, on Friday 12 June at our Oxford Falls Facility from 9.00am until 3.00pm. We are hoping to have several hundred students attend this forum, and as a result, we will require a band of parents to assist with the organization on the day.

If you are able to assist either in the morning (9.00 – 12 noon) or afternoon (12 noon – 3.00pm) or perhaps even all day, then could you please make direct contact with me via email (russo@stpiux.nsw.edu.au) and advise your availability. Assistance will also be required at school in the morning to help prepare the lunch packs for our visitors. Perhaps some parents might prefer this option to help out from 8am in our canteen.

This Forum provides an opportunity for young people from different schools across Sydney to engage in a number of activities including sessions with guest speakers (including John Brogden and our Premier, Mike Baird), a Q&A Panel and a brainstorming activity. It is hoped that some of the outcomes of the day will include a greater awareness of current initiative in the area of Positive Wellbeing and further inspiration for promoting this supportive culture in our schools.

I hope you can consider supporting this special event. 

Mr R Russo – College Counsellor
on behalf of Ms J McCarthy, Ms R Mowle and Mr S Brannan (the Organising Team)

- **PARENTING MISSION STATEMENT**

While we all hope that our children will do well in school, we hope with even greater fervor that they will do well in life. Our job is to help them know and appreciate themselves deeply, to be resilient in the face of adversity, to approach the world with zest, to find work that is satisfying, friends and spouses who are loving and loyal, and to hold a deep belief that they have something meaningful to contribute to the world. (Madeline Levine, PhD)

Dr Levine has written this interesting book - see the link for further information:
http://madelinelevine.com/the-price-of-privilege/

Ms J McCarthy – College Counsellor

- **13 THINGS TO REMEMBER WHEN YOU LOVE A PERSON WHO HAS DEPRESSION**

1. **Depression is not a choice.** Depression is one of the most helpless and frustrating experiences a person can have. It’s sometimes feeling sad, sometimes feeling empty, and sometimes feeling absolutely nothing at all. There are times when depression can leave someone feeling paralyzed in their own mind and body, unable to do the things they used to love to do or the things they know they should be doing. Depression is not just a bad day or a bad mood and it’s not something someone can just “get over.”

To see the full 13 Things to Remember, please see the full article in Woodchatta Extras or go to http://thoughtcatalog.com/koty-neells/2015/04/13-things-to-remember-when-you-love-a-person-who-has-depression/

- **‘HELPING TEENS OVERCOME STRESS AND FEELINGS OF PRESSURE’**

A seminar for parents run by the Macquarie University Centre for Emotional Health: Wednesday 17 June, 6-7.30pm

Australian high school students are more vulnerable than ever to suffering from stress and worry. School pressure, peer pressure, parental pressure, time pressure and self-doubt can all be triggers for stress and anxiety. This seminar will review current research on the emotional health of adolescents (aged 12-17 years) and discuss approaches schools and parents can take in supporting students to overcome stress and anxiety.

Please go the following link http://centreforemotionalhealth.com.au/events/all-1/helping-teens-overcome-stress-19.aspx or see more information in the flyer in Woodchatta Extras.

Mr R Russo – College Counsellor

**Senior Mentors’ Social Evening**

Last Friday 22nd May, a fun activity was provided for senior mentors within the peer mentoring program at District 3 in Westfield Hornsby. As a relaxing and action packed activity, we were able to immerse ourselves in two hours of unlimited rounds of laser tag and dodgem cars. It was a great opportunity to spend time with all the other mentors who make a positive contribution to the well-being of younger students within the school community.

A special thanks must go to Hayden Tutill of Year 12 for his organisation of the event, as well as Mr. Russo for his continued support and organisation of the mentoring program at SPX. (Photo courtesy of Google Images)

Oliver Szabo - Year 12
Your P&F In Action!

ENTERTAINMENT BOOK - Last Days!
Order your Entertainment book here! Thousands of dollars in savings all for only $65 - $70 and your P&F gets $14 from the sale! Take a look at the flyer here or in Woodchatta Extras for more information.

YEAR 8 MUMS NIGHT OUT - This Friday 29 May!
Year 8 Mums are invited to a Middle Eastern Banquet and plenty of conversation and fun at Tarboosh in North Willoughby this Friday week! All the details are here and you can RSVP right away to daniela@etuaustralia.org.au

YEAR 8 BOYS ARVO OUT - Friday 5 June
Lock and load Friday 5 June at 4.40pm for the boys at Mandarin Strike Laser Tag! Only $10 for unlimited combat - just RSVP to daniela@etuaustralia.org.au by 1 June. Details are here.

SPECIAL REQUEST FOR DONATIONS - Trivia Night
P&F Trivia Night 2015 - Saturday 15 August - keep the date free! To make the night a fundraising success for all our sporting, music and performing arts clubs we need your help in sourcing great prizes for lucky dips, silent auctions, live auctions and raffles ...

Please see the information in Woodchatta Extras - every donation big or small is greatly appreciated and it all goes straight to the Clubs that our boys love so much. More information and suggested prizes by School year is right here.

If you have any questions or suggestions please just drop a line to trivaspx@gmail.com

Steve Johnson - SPX P&F Secretary / Communications

Performing Arts News

YEAR 9 PERFORMANCE NIGHT
Students in the Year 9 Elective Music Class will be presenting an afternoon of music this Thursday 28th May, commencing at 5pm in the Band Room. Parents and friends are warmly invited to attend.

I’M WITH CUPID!
Tickets are now on sale through trybooking: http://www.trybooking.com/124492 There are only a limited number of seats available for performances on the 9th, 10th and 11th of June and tickets are selling fast. A flyer with all details can be found in Woodchatta Extras. You will need to bring a print out of your ticket to the performance.

MCDONALD’S SYDNEY EISTEDDFOD
Best wishes to the Intermediate and Senior Jazz Bands and their Director Mr Geoff Power, who will be competing in this Eisteddfod next Wednesday in the Concert Hall at the Concourse. The Intermediate Jazz Band will be performing at 4.30pm and the Senior Jazz Band at 6.30pm. Support from parents and friends would be warmly welcomed.

Ms T Bates – Performing Arts Coordinator

Learn about culture this National Reconciliation Week @yourSRC

The opportunity to raise awareness or get a glimpse of how life looks from an Aboriginal and Torres Strait Islander perspective is provided by a range of factual and fictional works on display.

Borrow a book today and join in the national reconciliation effort.

Mrs K Keighery – Senior Teacher Librarian

Chess

The Chess draw for this Friday 29 May can be found in Woodchatta Extras.

Ms D Ramsey - Convenor
Debating

Congratulations to the following teams: 12a, 12b, 11a, 10a, 9a, 8a and 7b for a win in last Friday’s debates against St Patrick’s College, Strathfield. This concludes the 6 Rounds in the CSDA Competition. Our 12b, 11A and 11B teams will move through to the Elimination Round on Friday 12th June (Week 8) and if successful will compete in the Quarter-Finals on Friday 19th June (Week 9). The Semi-Finals are Week 1 Term 3 and the Finals, hosted by Pius, on Friday 24th July.

The season for training is NOT over. We need to continue training each week until the end of Term 2 and this means that all students are at training until 5pm this Friday evening and EVERY Friday until the end of term. THIS TRAINING IS MANDATORY and the roll will continue to be taken at each training session until the end of term. Also all debaters are expected to attend the Finals event on Friday 24th July so make sure you pencil that date into your diary.

June 19 - Quarterfinals of Debating

TERM 3:
July 17 - Semi-finals of Debating
July 24 - Finals of Debating – Pius is hosting so all debaters will need to be present.

THE NSW DA VINCI DECATHLON

“The NSW da Vinci Decathlon was a fun, immersive competition in which the brightest people from schools across NSW represented their school, completing tasks covering a range of areas.” Cameron Fernandopulle, Year 7 Captain.

On Tuesday 26th May, 8 students from Year 7 and 8 students from Year 8 travelled to Knox Grammar School to participate in the 2015 NSW da Vinci Decathlon competition. There are 10 components in this competition: Science, Creative Producers, English, Philosophy, Art & Poetry, Mathematics, Engineering, Cartography, Code Breaking and General Knowledge. 2015 is the first year in many that St Pius X has sent a Year 7 and Year 8 team and the students were challenged to engage with cryptic and rigorous tasks to be completed in set time frames. A truly engaging day for these amazing students.

Late in the afternoon all teachers had been moved to the foyer to mark the General Knowledge Component and we heard extremely loud whooping and table drum rolls as the 1200 students in the room beat their tables: apparently St Pius X Year 7 team were just named as the winner for the Creative Producers Component. Yelling, whistling and applause followed the drum-rolls and apparently this was when our Year 7’s were walking up to the stage. Then silence as our students performed in front of 1200 students. This silence was followed by massive applause, table drumming and whistling and apparently, I’ve been told, as our students made their way back to their table they were getting High-5’s from everyone that they passed. WOW!!! Such an amazing moment for our students and I have no footage at all. The boys recount was so spectacular that I guess we can all relive it through their telling.

Attached is the marking criteria for the Creative Component that our Year 7’s won so you can see what they had to produce with very little planning time and in a 60 second presentation.

Our Year 8 da Vinci Decathlon students were wonderful team participants as well and had an amazing experience.

The winners for Year 7 were, PLC 1st, Trinity Grammar 2nd and Sydney Girls 3rd. The winners for Year 8 were, Sydney Girls 1st, Knox Grammar 2nd and Ravenswood 3rd.

Thank you to parents for their support and interest in promoting this wonderful experience for our students.

YEAR 8
John McKinnon
Ben Lamont
Andrew Mai
Jeremiah Cuachon
Cameron Lorking
Zac Lomas
Hamish Alexander
David Ko

YEAR 7
Cameron Fernandopulle
Matthew Starr
Stuart Dingley
Gregor Dingley
Kieran Zucconi
Keegan Akin
David Cass
Charles Cullen

Ms M Waterson - Convenor
Careers News

**TAX FILE NUMBERS – APPLY NOW**

A tax file number (TFN) is a unique nine-digit number that identifies you for tax and superannuation purposes. If you want to go to university and defer payment of your fees (HECS/FEE HELP) then you must have one prior to enrolment.

Your TFN is an important part of your tax and super records as well as your identity, so you must keep it secure. Applying is simple. Fill in an online form, print it out and attend an interview at a participating [Australia Post Office](https://www.ato.gov.au/individuals/tax-file-number/apply-for-a-tfn/australian-residents---tfn-application/) within 30 days of completing your form. For more information visit:


Ms D Janes – Careers Adviser

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**Year Group, Performing Arts and other Group Photos**

On Friday the 5th June, the Year Group, Performing Arts and other group photos will be taken throughout the day. All students will be given an Order Form for the Year Group photos ONLY before the end of this week. This Order must be must be presented to the photographers on the day after their Year Group photo is taken.

During Periods 4 – 6, the Performing Arts and other Group photos will be taken. The order form for these photos will be given out on the day and these orders will be due back to the College by a certain date.

**NOTE:** All students must be wearing their Full Winter uniform with their blazer. They must have their ID card with them for every photo they participate in on the day.

Miss L Proc - General Coordinator

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**Homework Help**

*** Please note that Homework Help has finished for Term 2 and will begin again in Term 3.

Ms S Blanchard – Special Education Teacher

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**Junior School News**

I would like to thank Mrs Iwatani for her guidance of the Junior School in my absence. Amelia is progressing well, now having reached a huge 2.5 kg! Thankyou for your well wishes.

- **LETTER TO JUNIOR SCHOOL PARENTS RE ATTENDANCE EMAIL ALERTS**
  
  Next week the College will commence a trial Attendance Roll protocol whereby the parents of any Years 5 and 6 student who is marked absent from homeroom at the beginning of the school day will receive an email requesting a letter/ note of explanation for that absence on his return to school. Please see the letter to parents in Woodchatta Extras.

- **PHOTO DAY**
  
  Please note that the boys will be bringing home a photo order form that needs to be bought back with your order and money or credit card details on the photo day. The photo day is Friday 5th June. Therefore on Friday week, the 5th of June, your son has to bring the completed form and payment and give it to the photographer. Please don’t forget!

- **ANTARCTICA MAN – YEAR 6**
  
  In the last two days the boys have enjoyed the Antarctica experience in class groups.

  They have really enjoyed learning about Antarctica and ice picking.
THURSDAY SPORT- DANCE COMPONENT OF PE PROGRAM
This Thursday we will begin our dance program at Oxford Falls. The boys will leave at 10 am and will be doing both the dance program and their normal training so rugby, football and tennis gear required. They also need to bring their morning tea and lunch.

INVITATION
On the final Thursday of the term, 18 June, the boys will have a House Team dancing competition. You are most welcome to come down to Oxford Falls for the competition at 12.40 pm until approximately 1.20 pm, and then have afternoon tea. An enjoyable time guaranteed!

DA VINCI DECATHALON
Best wishes to the following boys on their selection for the da Vinci Decathlon tomorrow. Team work will be important.

<table>
<thead>
<tr>
<th>Year 5 Team</th>
<th>Year 6 Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>5R Alex Vaccher</td>
<td>6Gr Ben Giles</td>
</tr>
<tr>
<td>5G Andrew Guerrera</td>
<td>6R Nathan Byrne</td>
</tr>
<tr>
<td>5G Charlie Crowe-Maxwell</td>
<td>6Gr Patrick Moore</td>
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<tr>
<td>5R Angus Stewart</td>
<td>6R Liam Kinna</td>
</tr>
<tr>
<td>5G Will Staber</td>
<td>6B Lochlan Milkenoski</td>
</tr>
<tr>
<td>5G Ethan Rossetto</td>
<td>6Gr Joshua Overton</td>
</tr>
<tr>
<td>5B Ethan Griffin</td>
<td>6R Christopher Bendall</td>
</tr>
<tr>
<td>5R William Ramsbottom</td>
<td>6B James Scaiff</td>
</tr>
</tbody>
</table>

Mr T Long – Head of Junior School

Uniform Shop
REVISED TRADING HOURS FOR THE REMAINDER OF TERM 2
Monday & Tuesday 8am to 11 (end of recess)
Wednesday 8am to 1.30 (end of lunchtime)

Orders can be placed via the College website http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83 or by phoning the shop on 9414 4339 or by sending an email to uniformshop@stpiusx.nsw.edu.au.

Parents are reminded that the Uniform Shop also sells second-hand school uniforms.

Blazer Buttons are available from shop $2.00 each.

A full price list is available on the College website: http://www.spx.nsw.edu.au/facilities-resources/dsp-default.cfm?loadref=83

Mrs D Muirhead – Coordinator

Canteen Roster

<table>
<thead>
<tr>
<th>1/6 – 5/6</th>
<th>8/6 – 12/6</th>
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</thead>
<tbody>
<tr>
<td>Mon</td>
<td>QUEEN’S BIRTHDAY HOLIDAY</td>
</tr>
<tr>
<td>Tues</td>
<td>O Shahady, R Habib, S Baird, J Moait, A Wright</td>
</tr>
<tr>
<td>Wed</td>
<td>G Iles, L Marino, J Masters, C Lingard</td>
</tr>
<tr>
<td>Thurs</td>
<td>D Speedy, L Princi, B Chang</td>
</tr>
<tr>
<td>Fri</td>
<td>A Spencer, M Mooney, J Bendall, L Diaz, C Ventura, R Baldock, K Spencer</td>
</tr>
<tr>
<td>Tues</td>
<td>M Claburn, M Purcell, K Jenner, M-C Cipriano, M Cheah (Junior Athletics Carnival)</td>
</tr>
<tr>
<td>Wed</td>
<td>I Janssen, M Miles, A Herrera-Bond, N Woodward, T Gunaratnam</td>
</tr>
<tr>
<td>Thurs</td>
<td>G Ryan, S Richardson, L Wall</td>
</tr>
<tr>
<td>Fri</td>
<td>S Fong, N Andrews, F Felice, N Bilic, T Paveley, G Fitzroy, C Savorgnan</td>
</tr>
</tbody>
</table>
Senior School Sport

FOOTBALL
Dear Parents and Players, Another successful week for SPX Football with many convincing wins, none more so than the team of the week; the mighty 4th XI who managed to defeat St Spyridon 10-0. Player of the week goes to Scott Browning who ably led his team in an impressive fightback, having gone down 1-3 on the scoreboard, the 14A’s managed to find form and score two late goals to walk away with a 3-3 draw.

This week we have a split round of home and away fixtures against St Andrews with the 2nd XI travelling to Bowral. (Please note that it can take up to 2 hours to travel to Chevalier so please leave enough time.) Good luck to all teams.

Fields can be at the following locations:
- Wentworth Park: Wattle St, Ultimo
- St Andrew’s Oval: Corner of Carillon Ave and Western Ave at Sydney University, Camperdown
- Far Avenue: Moss Vale Rd, Bowral

<table>
<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>Opposition</th>
<th>Venue</th>
<th>Result</th>
<th>Best &amp; Fairest – 3,2,1</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st X1</td>
<td>10.15am</td>
<td>SAC</td>
<td>Wentworth Park</td>
<td>4-0</td>
<td>A Vinci; L Facchin; B John</td>
</tr>
<tr>
<td>2nd X1</td>
<td>11.15am</td>
<td>Chevalier</td>
<td>Far Avenue</td>
<td>BYE</td>
<td></td>
</tr>
<tr>
<td>3rd X1</td>
<td>9.00am</td>
<td>SAC</td>
<td>Wentworth Park</td>
<td>0-0</td>
<td>R Yin; T Collins; J Panetta</td>
</tr>
<tr>
<td>4th XI</td>
<td>12 noon</td>
<td>SAC</td>
<td>St Andrew’s Oval</td>
<td>10-0</td>
<td>D Byrne; T Graziozito; S Dixon</td>
</tr>
<tr>
<td>16A</td>
<td>12 noon</td>
<td>SAC</td>
<td>Wentworth Park</td>
<td>2-0</td>
<td>J Morabito; H Knox; D Warren</td>
</tr>
<tr>
<td>16B</td>
<td>11.00am</td>
<td>SAC</td>
<td>St Andrew’s Oval</td>
<td>1-2</td>
<td>A Bosnic; T Jansen; A Maras</td>
</tr>
<tr>
<td>15A</td>
<td>12 noon</td>
<td>Walsh</td>
<td>Walsh</td>
<td>3-1</td>
<td>B Fuller; C Briggs; A Bain</td>
</tr>
<tr>
<td>15B</td>
<td>11.00am</td>
<td>Walsh</td>
<td>Walsh</td>
<td>4-0</td>
<td>L Jackson; J Cavalieri; D Aposhian</td>
</tr>
<tr>
<td>14A</td>
<td>10.00am</td>
<td>SAC</td>
<td>Walsh</td>
<td>3-3</td>
<td>S Browning; L Tachjian; A Basic</td>
</tr>
<tr>
<td>14B</td>
<td>9.00am</td>
<td>SAC</td>
<td>Walsh</td>
<td>4-0</td>
<td>M Alvarez/N Morabito; J Folkard/D Mooney; N Bainy/D Marx</td>
</tr>
<tr>
<td>14C</td>
<td>8.00am</td>
<td>SAC</td>
<td>Walsh</td>
<td>1-0</td>
<td>A Basic; J Galarce; C Pelle</td>
</tr>
<tr>
<td>13A</td>
<td>9.00am</td>
<td>SAC</td>
<td>St Andrew’s Oval</td>
<td>6-0</td>
<td>W Hay; J Garrett; R Marirossian</td>
</tr>
<tr>
<td>13B</td>
<td>10.00am</td>
<td>SAC</td>
<td>St Andrew’s Oval</td>
<td>4-0</td>
<td>M Scalise; A Webber; A Gagmeni</td>
</tr>
<tr>
<td>13C</td>
<td>1.00pm</td>
<td>SPX D</td>
<td>Walsh</td>
<td>4-1</td>
<td>P Manga-Zoa; T Varlow; R O’Connell</td>
</tr>
<tr>
<td>13D</td>
<td>1.00pm</td>
<td>SPX C</td>
<td>Walsh</td>
<td>0-1</td>
<td>J Andrews; L Wellard; B Gunaratnam</td>
</tr>
</tbody>
</table>

Mr S Yue - Convenor

RUGBY
This week all teams travel to Oakhill. Please be prepared to leave home 15-20 minutes earlier than you might expect as Oakhill have their Country Fair on that day and parking will be very limited.

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>3.15</td>
<td>Oakhill</td>
<td>Damien Oval</td>
<td>8-48</td>
<td>J Smith; L Humphry; F Phillips</td>
</tr>
<tr>
<td>2nd</td>
<td>1.00</td>
<td>Oakhill</td>
<td>Damien Oval</td>
<td>31-7</td>
<td>K Eden/J Chow; W Hinchey/A Seeto; H O’Brien/J Russell</td>
</tr>
<tr>
<td>16A</td>
<td>10.00</td>
<td>Oakhill</td>
<td>Damien Oval</td>
<td>5-19</td>
<td>R Benito; J O’Hean; J Virtue</td>
</tr>
<tr>
<td>16B</td>
<td>9.00</td>
<td>Oakhill</td>
<td>Damien Oval</td>
<td></td>
<td></td>
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<tr>
<td>16C</td>
<td>8.00</td>
<td>Oakhill</td>
<td>Damien Oval</td>
<td>32-42</td>
<td>S Bronk; J Gaisfull; Team</td>
</tr>
<tr>
<td>15A</td>
<td>2.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td>24-26</td>
<td>L Lowick; A Sweeney; L O’Neill</td>
</tr>
<tr>
<td>15B</td>
<td>1.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td>17-17</td>
<td>Whole Team</td>
</tr>
<tr>
<td>14A</td>
<td>9.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td></td>
<td></td>
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<tr>
<td>14B</td>
<td>9.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13A</td>
<td>12.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13B</td>
<td>11.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td></td>
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<tr>
<td>13C</td>
<td>10.00</td>
<td>Oakhill</td>
<td>Hermann Oval</td>
<td></td>
<td></td>
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<tr>
<td>13D</td>
<td>8.00</td>
<td>Oakhill</td>
<td>BC Oval</td>
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</tbody>
</table>

Washed out

For all rugby information and news you can go to Rugby Club News and Woodchatta Extras. 

Mr S Hopley - Convenor
RUGBY: Developing and Development

One of the great satisfactions from coaching is seeing young players and teams improve in individual performance and team play. As coaches and parents we should never lose sight of this. Add physical development into this concept and it becomes a “combustible cocktail”, lots happening. Our 14As are a case in point. They fought out a creditable draw on Saturday but I’m convinced they will become a very good team. All the ingredients are there. When the technical, physical and mental components are in “harmony” they will play some great footy.

Seven wins, a draw and two losses away at St Gregory’s was a solid return for our travels. Three of our B teams had wins against A team opposition. Two of those wins from half-time deficits of over 15 points; testimony to St Pius X spirit and will to win. A big tick in the box for our 15As who have been struggling to find form this season; well they did on Saturday scoring over 40 points in emphatic style. As one player told me “we got it together today”. That’s a phrase we can all relate to!!

Seconds turned on the style, led admirably by Kane Eden and Joe Keblis, putting in a strong second half performance to win comfortably. Our form team the 16As had a reminder of how tough life can be at the top, losing for the first time this season. Staying at the top is often more difficult than getting there! From talking to the players I know they have learned from this experience.

I like the footy our 13s are playing at the moment, very stylish with lots of variety which allows individuals freedom to express their talents in a team environment. August well for the future. 13Bs, 14Bs and 15Bs all beat A opponents in thrilling style and there’s a rumour the 15Bs are developing a geometric approach to playing rugby!

Our 1st XV started really positively and were quickly in front but further intense pressure failed to produce points. Attack close to the line can be more difficult than first appears. Teams become desperate in defence, so we have to defuse and reposition our attack. The post-match “player” analysis focused on building on the positive start, staying mentally “in there” and not missing first up tackles. A solid coaching format for this coming week.

This week we fielded a 14B team and a 16C team (for the first time) who despite losing narrowly at Joeys scored 6 tries. Participation and enjoyment, also part of our program; the more the merrier!

Enjoy training this week. From Thursday to Sunday I’m overseas working in KL so good luck to all our teams against Oakhill.

Mike Penistone

OUR CODE OF CONDUCT

On Saturday some of our games generated great excitement and touchline support. We have to remember that in our exuberance and excitement we don’t direct any comments at the referee. Many referees are young schoolboys and without them games would not go ahead. To all spectators and coaches please adhere to the ISA code of conduct. I always say to myself, would I want my son under that kind of touchline pressure as a young referee?

The ISA SPECTATOR CODE OF CONDUCT is AGAIN in Woodchatta Extras for your information and support.

Mike Penistone – Rugby Development Officer/Jim Olson – Deputy Principal

ISA TENNIS

Round 4 Results
Div 1 vs OAK, Washed out
Div 2 vs SACS, Draw 4 (38) to 4 (38)
Div 3 vs OXL, Won 4 (34) to 4 (28)
Div 4 vs SACS, Won 8 to 0
Div 5 vs OXL, Lost 6 to 2
Div 6 vs SACS, Won 8 to 0
Div 7 vs OXL, Lost 4 (33) to 4 (26)
Div 8 vs SACS, Won 5 to 3
Div 9 vs OXL, Won 8 to 0
Div 10 vs SACS, Lost 5 to 3

Round 3 saw some impressive game play. Divisions 3 and 8 played well and saw final scores in SPX’s favour. Special congratulations to Divisions 4, 6 and 9 who all impressively took out every single game in their sets. We also had some nail-bitingly close matches, with Division 3 winning in the tie-breaker, Division 7 just missing out and Division 2 seeing a draw on both games and sets.

This weekend we are playing against Redlands (8:00am start) and St Pauls (8:30am start). See the draw below for details.

Please note that after this next Round we will skip a week due to the Queen’s Birthday long weekend. Games will resume on 13 June.
Absences: Any student who is unable to play MUST notify the Tennis Convenor or their coaches ASAP so that SPX can field teams in all divisions on a Saturday. It is too hard to try and find players to play-up at the Friday morning Tennis meeting. Please notify Ms O’Brien (aobrien@stpiusx.nsw.edu.au) or Ms Colefax, Black or Kugananthan as soon as you are aware of a proposed absence.

Wet Weather: The Tennis Convenor will notify all players as soon as there is information about any match cancellations. Please make sure that you check your phones for messages so you don’t make an unnecessary trip to a cancelled game. Wet Weather details will also be able to be accessed via the SPX Senior Sport Twitter Account ([https://twitter.com/SPXSeniorSport](https://twitter.com/SPXSeniorSport)) or the school website ([http://www.spx.nsw.edu.au/beyond-classroom/dsp-default.cfm?loadref=80](http://www.spx.nsw.edu.au/beyond-classroom/dsp-default.cfm?loadref=80)).

Ms A O’Brien - Convenor

**BOXERCISE FOR FITNESS & FUN**
Boxercise is available for all students every Thursday and Friday morning at 7.30am in the College Gym. Please contact Mr Russo if you have any queries.

**Junior School Sport**

**Thursday Sport:** on at Oxford Falls with a 10am departure from school. Boys therefore require a packed lunch. Our Dance program commences in conjunction with winter sport training (boys will do a session of each tomorrow). Players still require Rugby, Football and Tennis gear.

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Activity</th>
<th>Saturday Sport Activity</th>
<th>Venue</th>
<th>Departure from Chatswood</th>
<th>Departure from Ext. venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Thur 28th May</td>
<td>Dance Session #1 / Sport</td>
<td>Winter Training</td>
<td>Oxford Falls</td>
<td>10.00am</td>
<td>2.25pm</td>
</tr>
<tr>
<td>7</td>
<td>Tues 2nd June</td>
<td>Junior Athletics House Carnival</td>
<td></td>
<td>SOPAC, Homebush</td>
<td>8.45am</td>
<td>2.15pm</td>
</tr>
<tr>
<td></td>
<td>Thur 4th June</td>
<td>Dance Session #2</td>
<td></td>
<td>Oxford Falls</td>
<td>11.00am</td>
<td>2.25pm</td>
</tr>
<tr>
<td>8</td>
<td>Thur 11th June</td>
<td>Dance Session #3 / Sport</td>
<td>Winter Training</td>
<td>Oxford Falls</td>
<td>9.00am</td>
<td>2.25pm</td>
</tr>
<tr>
<td>9</td>
<td>Thur 18th June</td>
<td>Dance Session #4 + Performance</td>
<td></td>
<td>Oxford Falls</td>
<td>11.00am</td>
<td>2.25pm</td>
</tr>
</tbody>
</table>

**Athletics:** The Junior School House Carnival takes place on Tuesday 2nd June at the Sydney Olympic Park Warm-up venue, Homebush. Parents are of course invited to attend as spectators or in an assisting capacity (ribbons / recording etc.). A detailed letter and program has been emailed to parents.

**Dance Program:** Our four week program commences Thursday 28th May as part of sport at Oxford Falls. A team of external coaches present a contemporary program culminating in a House Dance Performance on Thursday 18th June, followed by afternoon tea for parents in the Curtin Room. Boys need to wear their House coloured shirts. Please note the early departure times on two of the sessions and the subsequent need for students to have a packed lunch.
## Tennis:

It was nice to see a bit of sunshine this morning for the boys to play their tennis matches. It was a Pius vs Pius match at Talus St and we switched the teams around for a bit of fun with the matches. We saw some great rallies and a few laughs. Thanks to Mr and Mrs Reyes our great ‘ball boy’ and ‘ball girl’, I know that the boys appreciated it. The game at Redlands was also a fantastic match and our boys played as consistently as usual.

<table>
<thead>
<tr>
<th>Team</th>
<th>Last Week</th>
<th>Saturday 30th May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep 1st XI</td>
<td>24 – 22 Z Davidson, A Eden/L Onslow, A Johnson</td>
<td>Newington Johnson Oval - Snr School: Stanmore Rd, Stanmore 8.45am</td>
</tr>
<tr>
<td>Prep 2nd XI</td>
<td>29 – 21 P Moore, T Prior/G Clarke, M Brannan</td>
<td>Waverley Oxford Falls Chaplin 1 8.45am</td>
</tr>
<tr>
<td>11A</td>
<td>14 – 20 B. Perkins, W. Staber/F. Houlihan, L Fenton</td>
<td></td>
</tr>
<tr>
<td>11B</td>
<td>Washed Out</td>
<td></td>
</tr>
</tbody>
</table>

Mr G Virgona – Junior School Sportsmaster

<table>
<thead>
<tr>
<th>Team</th>
<th>Last Week</th>
<th>Saturday 30th May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prep 1st XI</td>
<td>1-2 A. Bond, L. Kinna, C. Bendall</td>
<td>Newington Buchanan 1 - Snr School: Stanmore Rd, Stanmore 11.15am</td>
</tr>
<tr>
<td>Prep 2nd XI</td>
<td>0-2 M. Wilkins, C. Lynch, N. Biefled</td>
<td>Buchanan 2 - Snr School: Stanmore Rd, Stanmore 10.30am</td>
</tr>
<tr>
<td>Prep 3rd XI</td>
<td>4-1 J. Regan, G. Bullock, Whole team</td>
<td>Knox Yeldham Field (Prep School) – Bilyard Ave, Wahroonga 10.15am</td>
</tr>
<tr>
<td>Prep 4th XI</td>
<td>1-0 E. Rocket, D Daniels, R. Williams</td>
<td>Yeldham Field (Prep School) – Bilyard Ave, Wahroonga 9.30am</td>
</tr>
<tr>
<td>11A</td>
<td>2-2 I. Satyarine, C. Dimos, C. Mokhtar</td>
<td>Yeldham Field (Prep School) – Bilyard Ave, Wahroonga 8.45am</td>
</tr>
<tr>
<td>11B</td>
<td>9-2 J. Jee, S. Magnier, M. Leo</td>
<td>Yeldham Field (Prep School) – Bilyard Ave, Wahroonga 8.00am</td>
</tr>
<tr>
<td>11C</td>
<td>4-0 C. Cassar, J. Brown, B. Littrich</td>
<td></td>
</tr>
<tr>
<td>11 Blue</td>
<td>9-0 Z. Low, W. Robertson, B. Boccanfuso</td>
<td></td>
</tr>
<tr>
<td>11 Gold</td>
<td>3-0 L. Barnes, T. Williams, W. Harper</td>
<td></td>
</tr>
</tbody>
</table>

Mrs B Spanyik

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**TREACY COMPLEX**  ●  Dreadnought Road, Oxford Falls NSW 2100  P(02) 9451 7375

A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION
The following information is contained within this week’s Woodchatta Extras. Click on the link below to take you straight to that section.


1. LETTER TO JUNIOR SCHOOL PARENTS RE EMAIL ATTENDANCE ALERTS
2. MINDMATTERS: 13 THINGS TO REMEMBER WHEN YOU LOVE A PERSON WHO HAS DEPRESSION
3. MINDMATTERS: PARENT SEMINAR - HELPING TEENS OVERCOME STRESS AND FEELINGS OF PRESSURE
4. P&F TRIVIA NIGHT FLYER
5. P&F ENTERTAINMENT BOOK FUNDRAISER FLYER
6. MERCY COLLEGE 125TH ANNIVERSARY CELEBRATIONS
7. DA VINCI DECATHLON: Marking Criteria for the ‘Creative Producers’ section won by Year 7
8. CHESS DRAW FOR FRIDAY 29 MAY
9. “I'M WITH CUPID” FLYER
10. ISA SPECTATOR CODE OF CONDUCT
11. FOOTBALL CLUB NEWS
12. RUGBY CLUB NEWS including Weekend Away & Yulefest Package Flyers
13. OLD BOYS NEWS
14. GENERAL NOTICES
   Oakhill College Gala Day
   Free 2 hour Learner Driver Workshop in Chatswood
   Student Exchange Australia New Zealand
   Roseville Chase Rotary Fun Run
   Antipodeans Abroad: Language Immersions France & Germany
Dear Junior School Parents,

Next week the College will commence a trial Attendance Roll protocol whereby the parents of any Years 5 and 6 student who is marked absent from homeroom at the beginning of the school day will receive an email requesting a letter/ note of explanation for that absence on his return to school.

The purpose of this email protocol is to both monitor the well-being of our students as well as streamline the processes of maintaining attendance records for our students.

If your son is late he will be signed in on arrival, and where this is anticipated we ask you to supply him with a note in his diary.

WHAT TO DO WHEN YOU RECEIVE THE SCHOOL EMAIL
If you have been alerted by the school that your son is late or absent, and you believe your son is at school, please notify the College Administration on 9411 4733, so we can ascertain his whereabouts.

WHAT TO DO WHEN YOUR SON RETURNS TO SCHOOL
Where your son is absent, please provide a separate signed, dated note including his name and homeroom and a brief reason for the absence. This can be typed or written by you, or annotated on the printed email.

Your cooperation in this trial process and any feedback you can provide is appreciated. In good time we plan to integrate an additional SMS alert of absence. To this end any updated mobile number should be provided to the College’s administration team.

With thanks

Mr Sean Brannan  
Head of Student Services

Mr Tim Long  
Head of Junior School

Mr Justin Hodges  
eLearning Coordinator
1. Depression is **not** a choice. Depression is one of the most helpless and frustrating experiences a person can have. It’s sometimes feeling sad, sometimes feeling empty, and sometimes feeling absolutely nothing at all. There are times when depression can leave someone feeling paralyzed in their own mind and body, unable to do the things they used to love to do or the things they know they should be doing. Depression is not just a bad day or a bad mood and it’s not something someone can just “get over.” Remember no one chooses to be depressed.

2. Saying things like “it’ll get better,” “you just need to get out of the house,” or “you’ll be fine” is meaningless. It’s easy to tell someone these things because you think you’re giving them a solution or a simple way to make them feel better and to ease their pain, but these kinds of phrases always come across as empty, insulting, and essentially meaningless. Saying these phrases to them only create more tension within, making them feel as though they’re inadequate, and like you’re not acknowledging what they’re going through by trying to put a band aid on a much larger issue. They understand you’re just trying to help but these words only make them feel worse. A silent hug can do so much more than using cliched sayings.

**What you can say instead:**
I’m here for you. I believe in you. I believe you are stronger than this and I believe you’ll get through this. What can I do to help you? What do you think would make you feel better?

Avoid offering advice but instead just let them know you’re there for them and ask them questions to help guide them in discovering what could make them feel better.

3. Sometimes they have to push you away before they can bring you closer. People who suffer from depression often get frustrated with feeling like they’re a burden on other people. This causes them to isolate themselves and push away people they need the most, mentally exhausting themselves from worrying about if they’re weighing their loved ones down with their sadness. If they become distant, just remember to let them know you’re still there, but don’t try to force them to hang out or talk about what’s going on if they don’t want to.

4. You’re allowed to get frustrated. Just because someone deals with depression doesn’t mean you have to cater to all of their needs or walk around eggshells when you’re around them. Depressed people need to feel loved and supported but if it begins to create a negative impact on your life you’re allowed to acknowledge this and figure out how to show them love and kindness without self-sacrificing.

5. It’s important to discuss and create boundaries. In those moments of frustration it’s important to take a step back and look at how you can help the depressed person while also maintaining your own sense of happiness and fulfillment. Be patient. Talk to them about your concerns and explain the boundaries you need to create within your relationship. Find out something that works for both of you.

6. They can become easily overwhelmed. Constant exhaustion is a common side effect of depression. Just getting through the day can be an overwhelming and exhausting experience. They may seem and look totally fine one moment and in the next moment feel tired and have no energy at all, even if they’re getting plenty of sleep every night. This can result in them canceling plans suddenly, leaving events early, or saying no to things altogether. Just remember it’s not about anything you did. It’s just one of the prevalent side effects of living with the disease.
7. It’s not about you.
When you have a loved one dealing with depression it can be difficult to understand what they’re going through and to consider how their sadness is a reflection of your relationship with them. If they need space or become distant don’t blame yourself and wonder how you could do things differently to heal them. Understand their depression is not about you.

8. Avoid creating ultimatums, making demands, or using a “tough-love” approach.
Telling someone you’re going to break up with them or not talk to them anymore if they don’t get better is not going to magically cure them of their illness. They won’t suddenly become the person you want them to be just because you’re tired of dealing with their problems. It’s a personal decision to walk away from someone if their issues become too much for you and your relationship with them, but thinking the ‘tough-love’ approach will make them better is unrealistic and manipulative.

9. They don’t always want to do this alone.
Many often assume people dealing with depression want to just be left alone. While there are may be times when they want their space, this doesn’t mean they want to face their fears completely alone. Offer to take them on a drive somewhere. Ask if they want to get coffee or a meal. One on one time where you can bring them out of their routine and where you two can connect can often mean everything for them. Reach out to them unexpectedly. Remind them they don’t have to do this alone.

10. Try not to compare your experiences with theirs.
When someone is going through a rough time we often want to share with them our own stories to let them know you’ve gone through something similar and can relate with their struggle. When you say something like, “oh yeah, this one time I was depressed too…” it only makes them feel like you’re minimizing their pain. Express empathy but don’t suppress their feelings. The greatest resource you can share with your friend is your ability to listen. That’s all they really need.

11. It’s okay to ask your friend where they are in their feelings.
How are they really feeling and how are they coping with their depression? Suicidal thoughts are a common occurrence for depressed people and it’s okay to directly ask them ways they’re practicing self-care and to come up with a safety plan for times when their depression becomes too overwhelming.

12. Schedule time to spend together.
Offer to spend time with them once or twice a week to exercise, grocery shop, or hang out together. Ask if you can cook dinner with them and plan a friend date. One of the hardest parts of depression is feeling too exhausted to cook healthy meals, so you can really help them out by cooking food they can store in their fridge or freezer for a later time.

13. Just because someone is depressed doesn’t mean that they’re weak.
In his book Against Happiness: In Praise Of Melancholia, author Eric G. Wilson explores the depths of sadness and how experiencing mental anguish can actually make us more empathetic, creative people. Although he explains the difference between depression and melancholia, he rejects the idea of inflated happiness our culture and society is obsessed with, and instead explains why we reap benefits from the darker moments in life. Wilson writes:

“I for one am afraid that our American culture’s overemphasis on happiness at the expense of sadness might be dangerous, a wanton forgetting of an essential part of a full life. I further am wary in the face of this possibility: to desire only happiness in a world undoubtedly tragic is to become inauthentic, to settle for unrealistic abstractions that ignore concrete situations. I am finally fearful over our society’s efforts to expunge melancholia from the system. Without the agitations of the soul, would all of our magnificently yearning towers topple? Would our heart-torn symphonies cease?”

In a similar manner psychiatrist and philosopher, Dr. Neel Burton, discusses in his TEDx talk about how some of the most influential and important people in history have experienced depression. He explains the way our culture looks at and treats depression and how traditional societies differ in their approach, seeing human distress as an indicator of the need to address important life problems, not a mental illness.

It’s important to remember depression is not something that should be considered shameful and experiencing it doesn’t make someone weak or inadequate.
HELPING TEENS OVERCOME STRESS AND FEELINGS OF PRESSURE

The Centre for Emotional Health is pleased to partner with Rotary Club of North Ryde to bring this event to you.

Australian high school students are more vulnerable than ever to suffering from stress and worry. School pressure, peer pressure, parental pressure, time pressure and self-doubt can all be triggers for stress and anxiety. This seminar will review current research on the emotional health of adolescents (aged 12-17 years) and discuss approaches schools and parents can take in supporting adolescents to overcome stress and anxiety.

Dr Danielle Einstein will discuss the following areas and consider how:

- worry emerges in adolescents in response to school pressures.
- parents can support teens dealing with pressure.
- parents can help teens respond effectively to pressure.
- parents and the school community can manage their actions to support teen emotional health.

**Date:** Wednesday, 17 June 2015  
**Time:** 6.00pm to 7:30pm  
**Venue:** Australian Hearing Hub, Level 1 Lecture Theatre, 16 University Avenue, Macquarie University  
**Parking:** Free in X3 and W4 carparks - a parking permit will be issued during the registration process  
**RSVP:** Monday, 15 June 2015. Bookings are essential as places are limited.

**About the Presenter**

Dr Danielle Einstein has been a practising clinical psychologist for the past 19 years working with adolescents and adults. Her research interests include the management of uncertainty; development of internet treatments for adolescents suffering from both anxiety and depression; and, envy and the comparisons we make with others. Her career includes time as Head of the Anxiety Clinic at Westmead Hospital and roles as a lecturer at Macquarie University.

**REGISTER**

**Location:**  
Australian Hearing Hub, Level 1 Lecture Theatre  
16 University Avenue  
Macquarie University NSW 2109

**Contact Person:** Barb Corapi  
barb.corapi@mq.edu.au
St Pius P&F Clubs

Trivia Night 2015

Saturday 15 August, Oxford Falls … put it your diary now!

Our major annual evening of fun and fundraising in support of the sports, music and performing arts clubs at St Pius X College, including trivia, live/silent auctions, lucky dips, raffles.

To make the night a success we need your support to secure donations of prizes. Please help by asking your employer/company, local businesses, family and friends. All donations greatly appreciated.

To assist you a letter of authorisation is available by request from triviaspx@gmail.com.

What we need …

Live auction prizes:
Two or three ‘big ticket’ items - travel/holiday prize, entertainment/dining package, sports hospitality event

Silent auction and lucky dip prizes:
Ideas for major prizes - golf sets, BBQ’s, electronics, Gym/club memberships, beauty/retail/restaurant vouchers, holiday house for a weekend … the more exciting the prize, the better the fund raising!

Ideas for hamper/lucky dip prizes … suggested themes for guidance (but not restricted to)
- Yr 5/6 – Sports/Something for Dad – sports equipment, clothing, motoring accessories …
- Yr 7/8 – Gourmet/Culinary – deli items, fine foods, kitchenware …
- Yr 9/10 – Pampering/Something for Mum – cosmetics, fragrances, jewellery …
- Yr 11/12 – Wines and fine confectionery/chocolate

Donations to be delivered to SPX school office by Tuesday 11 August. Collection/delivery of large items by special arrangement (contact Trivia Night Committee). Please ensure all items are new and that all foods/beverages are “in date”. Include donor details and an indication of item values. Alcohol donations to be delivered by parents only.

Thank you in anticipation of your support.

Trivia Night Committee
triviaspx@gmail.com
ST PIUS X ENTERTAINMENT BOOK

The 2014 | 2015 Entertainment™ Memberships expire 1st June.
If you haven't already purchased a new 2015 | 2016 Entertainment™ Membership, now is the time to do so. Plus, 20% of every Membership we sell contributes toward our fundraising!

CLICK HERE TO ORDER FROM US TODAY

For just $70, you will receive over $20,000 worth of valuable offers in the new 2015 | 2016 Sydney and Sydney North Entertainment™ Membership!

Use just a few of the hundreds of 50% off and 2-for-1 offers, and you'll more than cover the cost. You will also receive additional Member-only benefits until 1 June 2016!

Take a look at the many valuable offers:  http://www.entertainmentbook.com.au/

The more Entertainment™ Memberships we sell, the more we raise, so please share this offer with your family and friends!
MERCY COLLEGE 125th ANNIVERSARY CELEBRATIONS

125th Anniversary Celebrations
Saturday 13th June 2015

Reunion Mass
2:00 - 3:00pm - Our Lady of Dolours Catholic Church

Open House
3:00pm - 5:00pm - Mercy Catholic College Chatswood

Reflect and Reconnect
We welcome all Mercy ex-students and ex-teachers to attend our celebratory event

RSVP: mccchatswood125years@gmail.com

Visit Facebook for further details.
DA VINCI DECATHLON
Marking Criteria for the ‘Creative Producers’ section won by Year 7

State da Vinci
Decathlon 2015
An academic gala day
for Years 7 and 8

da Vinci Decathlon
An Initiative of Knox Grammar School

Creative Producers
‘The deeper the feeling, the greater the pain’ Leonardo da Vinci,

Team Number

Continues over the page ...
Creative Producers - PLACE

Background information

‘What a Wonderful World’ is a song written by Bob Thiele and George David Weiss. The song is hopeful, optimistic and has great regard for the future. The song delivers the overall message that the world will be a wonderful place if we live in harmony.

I see trees of green, red roses, too,  
I see them bloom, for me and you  
And I think to myself  
What a wonderful world.

I see states of blue, and clouds of white,  
The bright blessed day, the dark sacred night  
And I think to myself  
What a wonderful world.

The colors of the rainbow, so pretty in the sky,  
Are also on the faces of people going by.  
I see friends shaking hands, saying, "How do you do?"  
They're really saying, "I love you."

I hear babies cryin', I watch them grow.  
They'll learn much more than I'll ever know  
And I think to myself  
What a wonderful world

Yes, I think to myself  
What a wonderful world

Task: 60 second dramatic performance

The team’s challenge is to create a 60-second dramatic performance that is inspired by the above lyrics from the song. The performance can be in any genre. It could be a dramatic monologue, an action adventure skit, a motivational piece...it is up to the team to decide.

Each group will have ten minutes to prepare for the presentation.

Marking Criteria

You will be marked on the basis of the following criteria:

- Physicality and voice /10
- Coherence – structure /10
- Dramatic communication of ideas /10
- Flair /10
- Content and use of the verse /10

A warning will be given at 55 seconds and the presentation will be stopped at 60 seconds.

Marking Grid

<table>
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<td>Content and use of the verse</td>
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TOTAL /50
# CHESS DRAW FOR FRIDAY 29th MAY 2015

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<td>SPX JR4 D</td>
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<tr>
<td>Matthew Whitely</td>
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</table>
“I’m With Cupid”

“SOMETIMES CUPID TRADES HIS BOW FOR A TRAP!”

7:30pm, 9 - 11 June 2015, The Sarto Centre
Tickets $15 - http://www.trybooking.com/124492
3 GUIDELINES FOR SPECTATORS

3.1 Control of spectators is the responsibility of the school official with whom the spectators are associated. Spectators are not to approach or address game officials or any of the opposing players, spectators or officials. Genuine concerns should be addressed to their own school official who will determine any action to be taken. *(Level of breach: 1 or 2)*

3.2 Barracking should be enthusiastic and positive, but not designed to heckle, denigrate or unsettle opponents. For example, barracking during a free throw or a kick at goal and so forth is always bad sportsmanship. Similarly, sledging is totally unacceptable. Barracking should be for the School only. Negative comments are totally unacceptable. Positive comments are motivational. *(Level of breach 1 or 2)*

3.3 Good play by either team should be recognized by applause.

3.4 It is never right to express disapproval of a referee or umpire’s decision, irrespective of his/her age. *(Level of breach 1 or 2)*

3.5 Vocal support for any team should never encourage violence or rough or illegal play. *(Level of breach 2 or 3)*

3.6 Coaching by spectators from the sideline is to be actively discouraged by the school official with whom the spectators are associated. Spectators shall not interfere with the progress and/or conduct of a game, including encroaching on the field. *(Level of breach 1, 2 or 3)*

3.7 Adults must remember that games at school level are organized for the benefit of the students concerned and not for adults.

3.8 Visitors to the grounds should co-operate fully with any regulations or requests made by the home school, such as car parking, seating, dressing rooms and the placing of spectators. At all times visitors should leave the area tidy and free of rubbish when they leave. *(Level of breach 1, 2 or 3)*

3.9 Adults, parents, students and others are expected to set an example by their self-control and deportment at matches. *(Level of breach: 1, 2 or 3)*

3.10 Normally alcohol should not be consumed at ISA fixtures. *(Level of breach: 2 or 3)*
FOOTBALL CLUB NEWS

Great results again last weekend - the 1st XI powering to 4-0 win over St Spyridon. Hope you are all enjoying seeing you Snr College boys in action in the weekly Results Round-up - it is on the website for those who missed them.

Thanks to those parents who contributed last week. We are getting a great response so please keep it up.

Junior College parents we don’t want you to miss out so we will have a special Junior Results round-up in Round 6.

This week’s ‘in focus’ teams are 13D & 16B & Open 4ths - so if you have a boy in one of these teams we really want you to take some action shots this weekend.

We always welcome photos from any other match as well!
Send your photos to footballspx@gmail.com - save this to your phone and upload those photos as soon as you take them. We need the photos in by Sunday afternoon.

We are having a Football Development Day on Friday 10th July, last day of the Term 2 holidays, from 9:30 -1:30.
Great way to get the boys’ minds back in the game before the season resumes. $55 including transport from Chatswood to Oxford Falls. Full details and booking info available soon.

The full senior calendar of matches is now on our webpages as well - there are no times as they are only confirmed week to week.

We wish all our teams good luck this weekend -- GO PIUS!!


Rodger Paino
RUGBY CLUB NEWS

MATCHES THIS WEEKEND – ISA Round #2 vs. Oakhill - AWAY
This weekend we travel to Oakhill College at Castle Hill. All games and parking are located within the school grounds, though as traffic is often congested please allow extra time to get your boys to their coaches as instructed. Google map Link: http://www.oakhill.nsw.edu.au/pages/default.aspx?pid=26

Good luck to all teams!

SPX v St STANISLAUS, away at Bathurst, Saturday 25th July
As part of the ISA competition, each year SPX travels to either Bathurst or Orange. Parents and supporters always enjoy the opportunity to socialise by staying for a night or two. Due to unforeseen circumstances all accommodation that suits SPX is unavailable due to a large event coinciding with our visit. We have arranged a great alternative in beautiful Blackheath, in the heart of the Blue Mountains and all that the area offers. Please refer to the flyers on following pages for details and make your booking.

MOUTHGUARDS - LANE COVE DENTURE CLINIC
Nicholas Ivey (SPX Old Boy) is offering a 10% discount for all SPX students (and their family members) for professional, custom made, slim line mouthguards for all sports, which are now available at his Lane Cove Denture Clinic. Each mouthguard is tailored to the player’s activity and dental care needs, including accommodating and protecting existing orthodontic appliances, such as braces. On-site health fund rebates are also available. Phone Nicholas at Lane Cove Denture Clinic on 9411 1179 for an appointment.

TEAM/AGE GROUP MANAGERS
All SPX teams will need a parent to act as Team/Age Group Manager to support the Coaches. The Managers will co-ordinate any assistance required by the Coaches by way of:
- communication with parents and players about arrangements for training/games; and/or
- any support needed on game days when the Coaches are busy warming up and preparing the boys for their games e.g. if any assistance is required to get parent volunteers to organise water bottles, act as touch judges etc.

Please contact me if you can assist your son by acting as a Team/Age Group Manager this season.

KEY DATES IN 2015 FOR SPX RUGBY SUPPORTERS
Please note the following dates in your diaries – more details will be communicated closer to the dates:
- Saturday 30th May – ISA Round 2 vs. Oakhill, Castle Hill (Away).
- Saturday 6th June – NO GAMES (Long Weekend / NSW State Rugby Championships).
- Saturday 13th June – ISA Round 3 vs. St Patricks, Strathfield (Away).
- Thursday 18th June - Term 2 Finishes.
- Opens Rugby Tour (Queensland):
  Depart Sun 5th July, Return Sat 11th (Games Mon, Wed, Fri)
- Tuesday 14th July – Term 3 Commences.
- Saturday 18th July – ISA Round 4 vs. Kinross/The Scots School (Home).
- Friday 24th - Saturday 25th July – Parents & Supporters Trip to Bathurst - refer attached Flyer.
- Saturday 25th July – ISA Round 5 vs. St Stanislaus, Bathurst (AWAY).
- Saturday 15th August - P&F Trivia Night.
- Tuesday 18th August – Rugby Presentation Night.

For more information on everything SPX rugby, please refer to the Rugby Club website:
http://pandf.spx.nsw.edu.au/sports/rugby-club

David Bullard - SPX Rugby Club – 0491 119 113
rugbypresident@pandf.spx.edu.au

SPX Rugby Club Calendar is on the following page …
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<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
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<td>20-Apr</td>
<td>Term 2 Starts</td>
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<tr>
<td>Monday</td>
<td>20-Apr</td>
<td>Committee Meeting #8</td>
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<td>Saturday</td>
<td>25-Apr</td>
<td>Waratahs vs Rebels</td>
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<td>Saturday</td>
<td>2-May</td>
<td>Rugby Trial #3 - TBC</td>
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<td>Monday</td>
<td>4-May</td>
<td>Committee Meeting #9</td>
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<tr>
<td>Saturday</td>
<td>9-May</td>
<td>Rugby Trial #4 vs St Patrick's (H)</td>
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<td>Friday</td>
<td>15-May</td>
<td>SPX Rugby Club Dinner</td>
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<td>Saturday</td>
<td>16-May</td>
<td>Rugby Trial #5 vs Sydney High (H)</td>
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<td>Saturday</td>
<td>23-May</td>
<td>Rugby ISA R1 vs St Gregory's (A)</td>
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<tr>
<td>Saturday</td>
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<td>Rugby ISA R2 vs Oakhill (A)</td>
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<td>Committee Meeting #10</td>
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<td>Saturday</td>
<td>13-Jun</td>
<td>Rugby ISA R3 vs St Patrick's (A)</td>
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<td>Thursday</td>
<td>18-Jun</td>
<td>Term 2 Finishes</td>
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<td>TBC</td>
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<td>Opens Rugby Tour QLD</td>
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<td>Monday</td>
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<td>Tuesday</td>
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<td>Term 3 Starts</td>
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<td>14-Jul</td>
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<tr>
<td>Saturday</td>
<td>18-Jul</td>
<td>Rugby ISA R4 vs Kinross/The Scots School (H)</td>
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<td>Friday/Saturday</td>
<td>24-25 Jul</td>
<td>Parents &amp; Supporters Trip to Bathurst</td>
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<td>Saturday</td>
<td>25-Jul</td>
<td>Rugby ISA R5 vs St Stanislaus (A)</td>
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<td>Rugby ISA R6 vs St Augustine’s (H)</td>
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<td>8-Aug</td>
<td>Rugby ISA R7 - A’s BYE/C’s vs BMGS (H)</td>
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<td>Saturday</td>
<td>8-Aug</td>
<td>P&amp;F Trivia Night</td>
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<td>Tuesday</td>
<td>18-Aug</td>
<td>Rugby Presentation Night</td>
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<td>TBC</td>
<td>TBC</td>
<td>Rugby Club AGM</td>
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<tr>
<td>Friday</td>
<td>18-Sep</td>
<td>Term 3 Finishes</td>
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Please check the Woodchatta each Wednesday afternoon for any changes to venues or start times which may arise during the course of the season.
SPX RUGBY WEEKEND AWAY – 24-25 JULY 2015

COMFORT INN - REDLEAF RESORT

13-17 Brightlands Avenue, Blackheath
Phone: 47878108
www.redleafresort.com.au

- 13 Queen rooms 1-2 people (1 queen bed) $115.00 per room
- 13 twins 2-3 people (1 double and 1 single) $130.00 per room
- 16 family rooms 3-4 people (1 double and 2 singles) $150.00 per room
- 2 (spa 2 bedroom suits) 6 people (1 queen in one room, 2 doubles in other room & 2 sofa beds in lounge area) $190.00 per room
- 1 room (108) 5 people (1 queen in one room & 3 singles in the other room) $165.00 per room
- 1 room (109) 4 people (1 queen in one room & 2 singles in the other room) $155.00 per room

FRIDAY NIGHT DINNER: 2 course meal
$25 per person 2-12 years
$35 per person 12 years and up

SATURDAY BREAKFAST: full buffet includes hot and continental buffet
$14.00 per person 2-12 years
$19.00 per person 12 years and up

Phone and book accommodation with the Resort as soon as possible as these 46 rooms will book out quickly. When booking ensure you mention that you are from SPX Rugby

FOR MORE INFORMATION PLEASE CONTACT:
ROSEMARY MURPHY: rugbyevents@pandf.spx.nsw.edu.au
(0411664308)
SPX RUGBY – YULEFEST PACKAGE

Winter 2015 at the Comfort Inn Redleaf Resort

Come to the Blue Mountains & enjoy the Wonder of Winter. During the day enjoy activities that the Blue Mountains have to offer and then relax and celebrate the magic of Yulefest at The Comfort Inn Redleaf Resort!

Dinner, Bed & Breakfast

- $115.00 Queen or twin share for 2 people
- $90.00 adults & $55.00 Children under 12
  - Traditional 5 course Yulefest Dinner
  - Entertainment, Decorations and Bon Bons
  - Visit & Gift from Santa
  - Full Buffet Breakfast $19.00 per person

The Yulefest package is available for Dinner on the 4th and 25th of July 2015. Other dates available for groups over 25 pax dinner or lunch.

To celebrate Yulefest, make your reservation now.

Comfort Inn Redleaf Resort  Evans Lookout Road Blackheath  NSW 2785
Phone: (02) 4787 8108       Fax: (02) 4787 8907
reservations@redleafresort.com.au
VALE GREG WARDELL
Sadly we learned of the passing of Greg Wardell ’80 last week. Greg was one of fourteen siblings, all the boys going to SPX across the 1970’s & 1980’s. Please keep Greg and his family in your thoughts & prayers.

NEW OLD BOYS WEB SITE
The new Old Boys web site is currently under construction and it is hoped that it will be launched very soon. Stay tuned!

OLD BOYS NEWS
If you have some news for the old boys that you would like included in this section, please let us know at; info@oldboys.spx.nsw.edu.au

SPX OLD BOYS RUGBY – BROTHERS RUGBY CLUB SYDNEY

BROTHERS RUGBY – SEASON 2015:
Good luck to all teams this weekend.

Training – Roseville Chase Oval, 6.45pm Thursdays.

To get involved with your old boys rugby club, go to; www.brothersrugby.com.au

David Bullard (‘82) – President SPX OBA & Brothers Rugby
info@oldboys.spx.nsw.edu.au
0491 119 113
The **Oakhill College Gala Day** is on Saturday 30\textsuperscript{th} May. It will be held on the College grounds, Old Northern Road Castle Hill, and run between 9am and 4pm.

There will be all the fun of the fair with rides, market stalls, second hand books, farm animals on display, the Oak Cafe and plenty of great food.

Plus it’s a great day of sport with rugby, soccer, tennis and netball matches all through the day.

This year’s Gala Day raffle is for a Hyundai i20 valued at $12,990. Tickets are available on the day or at www.oakhillgaladay.org

ALL WELCOME!
Dear Parents/Guardians,

Antipodeans Language Immersion Program, December 2015
Parents & student Information Evening – Thu, Wednesday 16 June 2015 at Antipodeans office

Antipodeans Language immersion is a rewarding and highly regarded language exchange program to France and Germany, designed for high school students who want to study abroad and enhance their language skills.

The program features:
• Rust or seven-week home-stay placements in France or Germany over Christmas holidays.
• Personalisation of student to host family and host brother/sister
• Australian chaplaincy, Eucharist in Parish or German Mass accompanies the group for the duration of the program
• Students travel as a group and live in the same city as other program participants.

The Language Immersion program develops independence, work ethic and resilience – and of course language skills! Antipodeans program has a very solid reputation in Australian high schools for providing strong support to students and place an emphasis on matching students to a host family that suits them.

Antipodeans next student / parent information night is on 16 June! We strongly encourage you to attend this event as it’s the best way for families to get in-depth information about language immersion and hear from returned students and parents speak about their experiences with Antipodeans.

7pm – 8pm Wednesday 16 June 2015
Level 3, 182 Bless Point Road, McMullans Point NSW 2064

Why Antipodeans Abroad?
• Host families matched to the student. Students will be matched to a family that has a host brother or sister the same age, and with similar interests. You will go to school with them.
• Never feel isolated or alone. Home-stay with a local family but live within one city where other Australian Antipodeans students are also being hosted.
• Australian Chaplain accompanied. A dedicated Antipodeans chaplain who is fluent in French or German accompanies students and works after students for the duration of the program, they live in the same city and are here to answer your questions, 24 hours and for the length of the program.
• Weekend excursions to see the sights of Sydney and local places. Excursions are led by the Antipodeans chaplains.
• Some in-country partners. We have been working with the same partners in France and Germany for over 10 years so they intimately understand the Australian student and how to match them with families that are suited and welcoming.

Yours sincerely,

Juliette Hardstaff
Language Immersion Product Manager

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Don’t Miss Out!
LANGUAGE IMMERSION NEXT STEPS

1 INFORMATION NIGHT

• Bring your parent!
• Find out about the language immersion program, and meet our experienced staff

REGISTER ONLINE: www.antipodeans.com.au

7.00pm, Wednesday 16 June 2015
Level 3, 182 Bless Point Road, McMullans Point NSW 2064

2 BOOKING FORM

Once you have attended an Information Night, you’ll be invited back to our Language Immersion Program to complete the booking form and make your reservation.

EMAIL: info@antipodeans.com.au
POST: Locked Bag 7312 McMullans Point NSW 2064

3 STUDENT & PARENT I NFORMA TION NIGHT

Once you have booked into the program, we’ll meet with you and your parents to go through all the details of your relevant activities, so that you can make the most of your time abroad.


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A CATHOLIC BOYS’ COLLEGE IN THE EDMUND RICE TRADITION